

CHEQS

MAGAZINE



October 2021

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CHEQS Magazine is a free monthly community publication delivered by volunteers to about 800 homes in Coln St Aldwyns, Hatherop, Eastleach, Quenington & Southrop. **It is also available online** (along with back copies) at www.whichq.net/links.html

Contributions (and corrections) are welcomed **by the 15th of the previous month**. They may be edited, and will be included at the editor's discretion. Please send to the editor:

cheqsmagazine@gmail.com

Margaret Stranks, 3 Old Orchard Court,
Coneygar Road, Quenington
01285 750402 or 07729 129578



*Hello from...
the editor (again!)*

As this is my third time of writing the 'Hello From...', I'd better explain! I have a confession to make - I have too many hats at the moment! No, not the literal ones (most of mine are caps), but the metaphorical ones. This has led to me being too busy with a variety of tasks - and family issues - this month, so I didn't get round to finding a willing volunteer for this feature. But it gives me an opportunity to put out a request. If you know someone who might be willing to introduce themselves to the wider community in this way, please ask them, then let me know. It's interesting to have a range of different people - and would be great to have some more contributors from the younger end of the age scale, or perhaps people who are new to our area. You may not think your life story is very interesting, but we all like to learn a little more about each other - it's part of what it means to be a community. When people comment to me on the magazine, the feature they often mention as being of particular interest is this one. So, don't be shy... say hello to us all!

With more events happening now, we have quite a lot of larger blocks of information this month, so fitting everything in is a challenge. The CHEQS Diary is also taking up more space now, which is good to see - long may it continue. The magazine relies on advertising to cover the printing costs (£220 each month), so it's also important to fit those in on request, where possible.

A new feature which I'm hoping to run next year is about our local farms and farmers. I had wanted to start this in September, but the previous month is always rather a busy one for farmers gathering in the harvest - and I had to put it on hold. So, to all the farmers reading this (if you ever have time to open the pages of the CHEQS Magazine) - be prepared to be asked to tell us all about your land, crops, the history of your farm, your ecological outlook, or anything else which may be of interest. Looking after the land is never an easy job, and changing government policies and international politics don't often make it any easier! But farms are the life-blood of the countryside, and we should all do whatever we can to support those who are custodians of the beautiful area in which we live - and to show them our appreciation.

LOOKING BACK, WITH THANKS!

August and September were great months for fundraising in the CHQ villages!



Coln Children's Fête, which normally generates a huge amount of money for local children's charities (including Noah's Ark, James Hopkins Trust, Paternoster School and Scrubditch Farm), was replaced this year by two different events. The amazing feat of completing three marathon distances in 24 hours (the 3M Challenge) was achieved by David Farnhill just before the August Bank Holiday, so far raising

just under £2,700. If there was one disappointment on the night, it was that David took the chequered flag earlier in the afternoon! He had been cheered off from Coln Stores at 10pm on the Friday night and completed the 78.6 miles, in just over 19 hours. After a long soak and a few hours' sleep, David put in an albeit stiff appearance at the party, where he was full of thanks for his personal trainer and former soldier, Chris Gouldsmith. David admitted, "Yes, I did think it might be too much when at about 3am I took some food on board and it seemed to sit wrong! I felt dizzy and I couldn't get going again... luckily, walking it off helped, and here we are!"

Nick Brett, writes, "The party at Coln Stores was packed out and rocking with two great sets from village favourites, The Ukey Dukes. The raffle was a key part of the fundraising, so many thanks to those who donated five fabulous prizes: a flying lesson at Cotswold Airport; a day's fishing on the Coln and a picnic thanks to Earl St Aldwyn; tea for two at Barnsley House; dinner for two at the New Inn; and a luxury hamper provided by Coln Stores. Finally, a massive thank-you to Cotswold Airport and its CEO, local resident Suzannah Harvey, for the £1,000 sponsorship of both events – the party and the 3M Challenge."

Altogether, the amount raised by David Farnhill, the raffle, and the Breakout Party BBQ & drinks brought the total to over £5,000.



Ride + Stride which raises money to help towards the upkeep of historic churches, was supported by locals and people from elsewhere out and about on their

bicycles or on foot (not sure if anyone did it on horseback!), and about 10 people came along to help with the sponsored churchyard clean-up at St Swithin's, Quenington. Thanks to all who helped with Ride + Stride this year.

EASTLEACH PET BLESSING SERVICE LAST MONTH



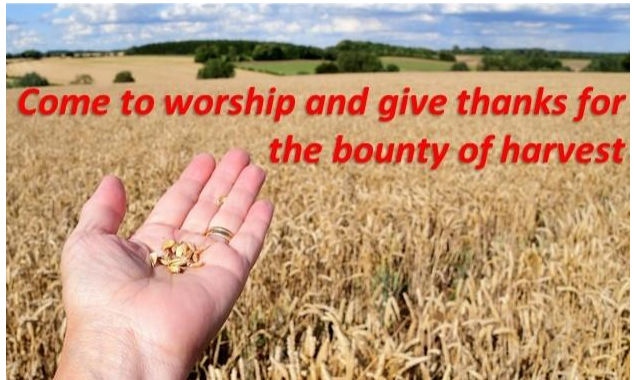
Eastleach's famous goat residents, Freeman, Hardy & Willis (!) seemed to enjoy attending the pet blessing service at St Andrew's Church in September. They were joined by lots of dogs and a goldfish - along with their human families.

EASTLEACH FAMILY HARVEST FESTIVAL

Sunday, 3rd October at 11am, St Andrew's Church

Do come along to the family service to give thanks for the harvest, and all that the countryside has to offer.

Bring any harvest gifts (bread, grapes, fruit, vegetables etc), which will be shared with the Friendship Circle later in the week. After the short service all are welcome to stay for a glass of elderflower drink and some harvest nibbles in the churchyard - or inside, if the weather is inclement.



EASTLEACH & SOUTHPROP FRIENDSHIP CIRCLE

Thursday, 7th October at 3pm, Eastleach Village Hall

The Friendship Circle meets on the first Thursday of the month, alternating between Eastleach and Southrop village halls. If you or an elderly friend would like to join, please contact Sally Parris 01367 850321 or Jane Jenkinson 01367 850393. Members are welcomed from all the surrounding villages: £5 annually, plus £2 at each meeting (includes a cup of tea and delicious home-made sandwiches & cakes). There is also usually an entertainment item.



APPLE DAY

Apple Day (21st October) was launched in 1990 by Common Ground, a Dorset-based charity, which has been at the forefront of community conservation and environmental education in England for the last thirty years. Apple Day was intended to be a celebration of the diversity of apple varieties grown in the UK, and also to raise awareness of the danger of losing such biodiversity - not only in apples, but in the landscape, ecology and culture too. It is usually celebrated in CHEQS on a near convenient Saturday, with events in Eastleach & Quenington.

EASTLEACH APPLE DAY

Sunday, 17th October at 2pm, Eastleach Village Hall

George Walker, of Eastleach, writes: We'd love all apple growers or gatherers to bring their produce to Eastleach Village Hall from 2pm on Sunday, 17th October, to get them pressed. All you need is a few apples, some clean containers, and a smile - we'll do the rest. We'll also give advice on making cider and pasteurising if needed. If you'd like to know more, get in touch: georgepatrickwalker2016@gmail.com or 07768 347414.

QUENINGTON APPLE DAY:



The poster features a yellow border and two red apples at the top corners. The main title is 'Quenington Apple Day & Coffee Morning' in green and brown text. A central box contains the date and time: 'SATURDAY, 23rd OCTOBER 10.30am – 1.00pm (last pressing at 12.30pm)'. Below this, it says 'Quenington Village Hall' and 'Apple pressing for juice or cider:'. A list of instructions follows: 'Please bring your own containers', 'You may need to wait for a turn when we are busy', and 'Your apples may be mixed with other people's fruit'. There are also two illustrations of apple trees at the bottom corners. Text on the left mentions COVID safety (hand sanitiser, names, contact numbers), and text on the right mentions a seed swap (bring labelled seeds).

**Quenington Apple Day
& Coffee Morning**

COVID safety:
hand sanitiser will be available, and names and contact numbers may be requested

**SATURDAY, 23rd OCTOBER
10.30am – 1.00pm
(last pressing at 12.30pm)**

Seed Swap:
please bring labelled seeds

Quenington Village Hall

Apple pressing for juice or cider:

- Please bring your own containers
- You may need to wait for a turn when we are busy
- Your apples may be mixed with other people's fruit

QUENINGTON VILLAGE HALL 100 CLUB - SEPTEMBER WINNERS

1st Prize (£15) no. 13 - Anne Goddard

2nd Prize (£10) no. 58 - Heather Leslie



QUENINGTON CAR BOOT SALE

Sunday, 3rd October, Quenington Village Green, 9am - 12pm

The final one of the year! No need to book - just turn up to sell at 8.45am (not earlier) It is just £5 per car for sellers. Weather-dependent, so check the **Quenington Car Boot** Facebook page on the morning.



QUENINGTON VILLAGE HALL COFFEE MORNING

In October, our coffee morning is combined with Apple Day, so is not in its usual calendar slot, but a bit later in the month - Saturday, 23rd October. Any contributions of cakes made using apples as an ingredient would be gratefully received on the day.

QUENINGTON VILLAGE HALL AGM

Tuesday, 5th October at 8pm in the hall

All residents of Quenington, Hatherop & Coln St Aldwyns are invited to attend. Send any questions/comments by the Monday evening: queningtonvillagehall@gmail.com

QUENINGTON BULLDOGS' FIREWORKS ARE BACK!

Saturday, 6th November on Godwin's Field (above village green), from 6pm

Food (including hog roast), refreshments and fireworks.



All proceeds go to the Village Hall,
towards a new kitchen and toilets

Car Boot Sale

Eastleach Village Hall

Sunday 10th October 1-4.30pm

White Elephant, and tea and cake
available in the hall

CASH ONLY FOR ALL PURCHASES

Cars £10, Vans £15, On Foot £1, Kids are free

Car Booters set up from 12.30

Toilets available

email ncrowesis@gmail.com

EASTLEACH CAR BOOT SALE

Tash Gasson writes:
Eastleach Car Boot Sale is a great chance to have a clear out - no need to pre-book a spot, just arrive at 12.30pm, to give you time to set up. If you can spare a bit of time either before or after to set up/tidy up, we'd be delighted! Do contact me on ncrowesis@gmail.com with queries or offers of help.

ECO CHURCH FOR THE CHQ VILLAGES

Clare Brignall writes: Would anyone be interested in helping me set up a group to work out how to get our churches registered as eco churches?

Eco Church is a scheme run by the charity **A Rocha UK**, equipping churches to care for God's creation through their worship, buildings, land, community engagement, and individual lifestyles.

This is not just for church-goers - it includes the wider community, and applies to inside and outside the church building. It's a nation-wide programme which thousands of churches are already taking part in, with a whole raft of actions that we can take to become more environmentally friendly. If you are interested, please contact me on 07798 751417 or clarebrignall@hotmail.com

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Spa Attendants

For more information,
email recruitment@thyme.co.uk



VILLAGE CONTACTS

PARISH COUNCILS

Coln St Aldwyns

Chair: David Hicks Beach 01285 750482

Clerk: Clare Brignall 01285 752662

colnsaparishclerk@gmail.com

Hatherop

Chair: Bob Iles 01285 750729

Clerk: Jane Skinner 01285 712662

jane_skinner928@yahoo.co.uk

Eastleach

Chair: VACANT

Clerk: Ann Tyldesley 01367 860130

www.eastleachparishcouncil.org

eastleachpc@btinternet.com

Quenington

Chair: Mike Scott 01285 750433

Clerk: Penny Ibbotson 01285 750000

www.queningtonvillage.uk

queningtonpc@gmail.com

Southrop

Chair: Tim Guest 01367 850189

Clerk: Vanessa Lawrence 07876 252398

www.southrop.org.uk

spcclerk2017@outlook.com

VILLAGE HALLS

Eastleach eastleachvhall@gmail.com

Quenington www.queningtonvillage.uk

queningtonvillagehall@gmail.com

Southrop Caroline Simmons 01367 850171

southropvillagehall@gmail.com

Jubilee Close Andy Howarth 01367 850400



SCHOOLS

Hatherop C/E Primary School

01285 750318

Head, Taryn Hancock

Southrop C/E Primary School

01367 850246

Heads, Megan Davies & Julia McLellan

Hatherop Castle School

01285 750206

Head, Nigel Reed

OTHER VILLAGE COMMUNITY GROUPS

S & E Friendship Circle

Jane Jenkinson 01367 850393 & Sally Parris 01367 850321

Quenington Baby & Toddler Group (CHEQS+) Term time only - please book weekly, in the preceding week

margaret.stranks@gmail.com 07729 129578 (WhatsApp preferred)

COLN COMMUNITY STORES



Please check the website for up-to-date information: www.colnstores.co.uk

	Shop	Café	Post Office*
Monday - Friday	8am - 4.30pm	8am - 3.30pm	9am - 12.30pm & 1.30pm - 4pm
Saturday	8am - 2pm	8am - 1pm	9am - 11.30am
Sunday	9am - 1pm	9am - 12pm	CLOSED

*NB the collection from the post box outside the Stores is at **4pm Monday - Friday**

SHOP & POST OFFICE - SOUTHPROP VILLAGE HALL



The Coffee Morning, shop & Post Office: Wednesdays 8.45am to 11.45am

CHEQS DIARY

Date	time	event	info.
Sun 3 rd Oct	9am - 12pm	Quenington Car Boot Sale, the Green	p5
Sun 3 rd Oct	11am	Family Harvest Festival, St Andrew's, Eastleach	p3
Sun 3 rd Oct	4 - 5.30pm	Harvest Messy Church, at Hatherop Primary School	p11
Tues 5 th Oct	8pm	Quenington Village Hall AGM	p5
Thu 7 th Oct	3pm	E & S Friendship Circle - Eastleach Village Hall	p3
Sun 10 th Oct	1 - 4.30pm	Eastleach Village Hall Car Boot Sale	p6
Sat 16 th Oct	10am	Bulb planting, Quenington Village Green	p13
Sun 17 th Oct	2pm	Eastleach Apple Day, Eastleach Village Hall	p4
Sat 23 rd Oct	10.30am - 1pm	Quenington Apple Day & Coffee Morning, QVH	p4
Thu 28 th Oct	7 for 7.30pm	Coln Cinema - The Father	p14
Sat 6 th Nov	10 - 11.30am	Defibrillator Training Session, Quenington V Hall	p13
Sat 6 th Nov	6pm	Quenington Bulldogs' Fireworks, Godwin's Field	p5
Sat 13 th Nov	2 - 5pm	Charity Craft Fair, Lechlade Memorial Hall	-

CHURCH SERVICES



Coln, Hatherop & Quenington

Sun 3 rd Oct	10.30am	Holy Communion	St Swithin's, Quenington
	4pm	Messy Church	Hatherop Primary School
Sun 10 th Oct	10.30am	Holy Communion	St John the Baptist, Coln
Sun 17 th Oct	10.30am	Harvest Festival	St Nicholas, Hatherop
Sun 24 th Oct	10.30am	Holy Communion	St John the Baptist, Coln
	6pm	Taizé	St Swithin's, Quenington
Sun 31 st Oct	10.30am	Holy Communion	St Swithin's, Quenington

Eastleach

Services at St Andrew's Church are at 11am: usually Morning Prayer on the 1st, 3rd, and 4th Sundays, and Holy Communion on the 2nd Sunday. Any 5th Sundays, the service is also at 11am. Please note the changes for this month:

Sunday, 3rd October - FAMILY HARVEST FESTIVAL (see p3)

Sunday, 31st October is a 5th Sunday, when we can try something different - look out for a special morning service at 11am!

Details of set readings and Psalms, and those reading the lessons, will be available on the church notice board in the porch.

Southrop

Sun 3 rd Oct	9.30am	Holy Communion
Sun 17 th Oct	6pm	Evensong (with choir)
Sun 31 st Oct	6pm	All Souls Evensong

Williamstrip Chapel

Mass is usually celebrated on Sundays at 9.30am

Fairford Churches

Please check notice boards and websites, or phone the church contact person.

CHURCH CONTACTS

COLN ST ALDWYNS, HATHEROP & QUENINGTON CLERGY

Rev Simon Brignall The Vicarage, Church Lane, Coln St Aldwyns GL7 5AG
(Thu, Fri, Sat, Sun) 01285 752662 chqvicar@gmail.com

EASTLEACH & SOUTHPROP CLERGY

Rev Andrew Cinnamon The Vicarage, Sherborne Street, Lechlade GL7 3AH
(day off Tuesday) 01367 253651 vicar@stlawrencelechlade.org.uk
Gordon Land 01367 252050 walreader44@gmail.com
(Lead Minister for Eastleach)

C of E CHURCH WARDENS

CHQ Val Trafford 01285 750504
Eastleach Tim Lawson 01367 850756 or 07855 264360 timglawson@me.com
Southrop Jerry Hibbert 07766 084051 jerry@hibbertralph.com

C of E SAFEGUARDING OFFICER

CHQ Edwina Hicks 07970 799270 chqsafeguarding@gmail.com
Eastleach Nicole Backhouse 07780 605717
Southrop Rhona Reid 01367 850295

C of E YOUTH WORKER

CHEQS & beyond Chris Saunders 07918 732040 saundersc2014@gmail.com

CATHOLIC PARISH PRIEST

Father Michael Robertson 01285 712586 michael.robertson@cliftondiocese.com

WILLIAMSTRIP CHAPEL CHAPLAIN

Rev J Felix Stephens OSB 01285 740374 jfs.osb@ampleforth.org.uk

FAIRFORD UNITED CHURCH

Rev Wendy Tucker 01285 653655 Secretary: Rachel Emmerson 01451 844532

OTHER INFORMATION

HOSPITALS Fairford: out-patients only 0300 421 6470 Cirencester 0300 421 6200

SURGERIES Hilary Cottage, Fairford 01285 712377 Lechlade Medical Centre 01367 252264

GCC COMMUNITY WELL-BEING SERVICE 01452 528491

PHARMACIES Boots, Fairford 01285 712350, Lechlade Pharmacy 01367 252285

POLICE non-emergency: phone 101 or email 101@gloucestershire.police.uk

Quenington Defibrillator outside Quenington Village Hall for use by anyone in emergency. Trained volunteers available on **01285 610210** but ALWAYS RING 999 FIRST!

PLEASE LET THE EDITOR KNOW IF THE TIMETABLE NEEDS UPDATING (updated April 2021)

Bus Service 76 Mon, Tue, Thu: Southrop 09:16, Eastleach 09:24, Hatherop 09:30, Quenington 09:37 to Fairford & Cirencester. Return leaves Cirencester at 12:40 and Fairford at 13:28. Sat: **S** 09:47, **E** 09:54, **H** 10:00, **Q** 10:07, **F** 10:15 Return leaves Ciren 14:20 Fairford 15:05

Community Connexions Community Bus book in advance on 03456 805029 for the door-to-door service on Thursdays to Cirencester; free with a bus pass or £8 each way.

**Oct
3**

**The CHQ
Harvest 'Messy Church'
at
Hatherop Primary School
on
Sunday 3rd October 2021
4pm to 5.30pm**

**Join us for fun filled time together
with hot supper for all provided!**

This month we celebrate all things harvest,
with conker challenges, crafts and games.

All welcome

Please consider bringing a harvest gift for
the local Food Bank (tins etc)



Games, craft, songs, hot
supper, cake and more!

SOUTHROP C/E PRIMARY SCHOOL

Thursday, 14th October, 10.30am - 12pm

There will be an OPEN MORNING at school - you can come and look around the school, and enjoy some tea, coffee & cake. No need to book. For more information, email: pta@southrop.gloucs.sch.uk



ARRANGING VOLUNTARY PATIENT TRANSPORT



To request a driver for transport to and from appointments contact the Friends of Fairford & Lechlade Communities direct:

Telephone: 07540 798226 on Monday-Friday between 10am and 1pm

If the line is busy, you will be able to leave a message and you will be called back. Or you can email voluntarycarservicelof@gmail.com



CLOCKS CHANGE!

In the UK, the clocks go forward 1 hour at 1am on the last Sunday in March, and back 1 hour at 2am on the last Sunday in October. This year, the clocks change on the latest date possible - during the night of 30th and 31st October.

ALL SAINTS & ALL SOULS

Sunday, 31st October at 6pm, St Peter's Church, Southrop

All Saints' Day - in the past referred to as All Hallow's Day - is celebrated at the beginning of November, hence the day before is called Halloween (All Hallows' Eve).



SAINTS and SOULS will be celebrated and remembered at a service in St.Peter's Church Southrop on 31st October at 6pm.

Margaret Davey writes: We will be remembering particularly the seven men who died in our village during the last year, but also others from Southrop or Eastleach whose families would like them to be remembered too.

If any resident of Southrop or Eastleach would like a name(s) added to the list, please contact me on 01367 850347 or kmdavey@btinternet.com We look forward to welcoming the families of our departed loved-ones.



TENNIS FOR ALL ABILITIES IN CHEDWORTH

WINTER MEMBERSHIP NOW OPEN
New Members Welcome



We have two floodlit courts, and run club sessions, plus a regular programme of coaching and training sessions.

There are holiday camps and an after-school coaching programme for juniors, both of which are open to non-members.

You are welcome to try some of our sessions before joining.

For more information, please get in touch with our Membership Secretary:

carolinebaker75@gmail.com or 07733 322176

www.clubspark.lta.org.uk/HillandValleyTC

QUENINGTON PARISH COUNCIL



Bulb Planting Day: QPC has ordered 1650 bulbs to be planted in 3 areas in the village: snowdrops in the cemetery, bluebells, wild daffodils and snowdrops in front of Green View hedge, and daffodils in front of the hedge by the bus stop. We are having problems finding a contractor to plant the bulbs, so are calling on residents to come and help on **Saturday, 16th October**, meeting at 10am on the Green. Please bring a bulb planter/trowel - your help will be most appreciated.

Wildflower Areas: Thank you to those who gave QPC your views on the wildflower project. The main concern was the untidy appearance, so next year the two areas near the Green will focus on spring-flowering plants, then be cut regularly from June onwards. The verge at the bottom of Church Road will be left uncut until August to allow for summer-flowering plants, but invasive weeds will be dealt with. Wildflowers were planted, which will hopefully be more visible next year.

Defibrillator Training: There is a free defibrillator training session on Saturday, 6th November at 10 - about 11.30am at Quenington Village Hall. The session will cover how to respond in an emergency, and how to use a community defibrillator. This is open to all CHEQS residents. There is no need to book, but it would help if you could email the clerk: queningtonpc@gmail.com so that we have an idea of numbers. Do come along - it could save someone's life!

Handyperson Needed: QPC often has small maintenance jobs that need doing in the village: repairing fencing, basic play equipment maintenance, cutting back shrubs etc. It would be helpful to have someone available to carry out this work when needed. If you are interested in this occasional paid work, please contact the clerk on the email above or 01285 750000.

We're Back!

Coln Cinema



The Father

Voted "Best Actor" in this year's Oscars and Baftas, Anthony Hopkins plays a father destroyed by dementia while Anne (Olivia Colman), his daughter, struggles to care for him and live her own life.
[Cert 12A, 97 minutes]

Thursday, 28th October

Vicarage Cottage Barn, Coln St Aldwyns

Join us for a drink beforehand - doors open 7pm
Film starts 7.30pm

All proceeds to local children's charities
We'll review the Covid situation the week before and
inform of any changes by email & local publicity

COLN CINEMA IS BACK!

Thursday, 28th October at 7 for 7.30pm, Vicarage Cottage Barn, Coln St Aldwyns

£4 donation (cash) at the door - all proceeds going to local children's charities. Doors open at 7pm, so join us for a drink at the cash bar before the film starts at 7.30pm.

The next date for the diary: **Friday, 26th November**



WORKING FOR WELLBEING

My name is Mary Ann Dibbs and I'm the Community Wellbeing Coordinator for Fairford and Lechlade areas. We have some events which I would love to tell you about:



Walking For Wellbeing



We had our first Walking for Wellbeing walk a few weeks ago - it was lovely to enjoy a gentle walk and talk, ending with tea and cake in our lovely Fairford countryside. More walks will be scheduled in the coming months. Please contact me if you would like to know the dates.



We need help to start a Lechlade walk, so please get in touch if you could become a W4W volunteer.

I'm at the Talking Café at Fairford Community Centre on Wednesdays 10.30am - 12pm, and at the Beans Coffee Shop, Lechlade Baptist Church, Sherbourne Street, on Saturdays 10am - 12pm.

Men's Shed

Men's Shed is coming to Fairford! We're hoping to set up a Men's Shed, where people can get together to pursue practical interests, using their skills and enjoying making and mending. Men's Shed also has a great social element - meeting new people or old friends. It's about social connections and friendship building as well as sharing skills and knowledge.

"What's Your Story?" with Lynn Bateman

These sessions started in September in Fairford Community Centre, so there are only 2 left 8pm-9pm (4th & 11th October). Lynn uses art to take you on a journey. You don't need to have any art experience to enjoy these sessions. Get in touch quickly if you are interested! They will also be available in Lechlade from 18th October.

I Felt Fantastic

Come and join us in making these felt pumpkins, just in time for Halloween. Dates and times to be confirmed once interest is logged. There is no charge for this activity. Just contact me to book your space, this will run in both Fairford and Lechlade.



To find out more about any of these items, please get in touch on 07555 738138

PLEASE SUPPORT LOCAL BUSINESSES

TO ADVERTISE OR MAKE AMENDMENTS: cheqsmagads@gmail.com	
HOUSE & GROUNDS	
Corinium Security Systems Your security is our priority. Intruder alarms, CCTV, gate automation. All works undertaken. James@coriniumsecuritysystems.com	07551 387487
Michael Rixon Building & Roofing Ltd building, roofing, Cotswold stone tiling etc. office@rixbuild.co.uk	01285 750517
SN Complete Groundworks drainage, driveways, fencing etc. 07738937697	01367 850717
Keith Ford garden work - pruning & hedge cutting, sheds re-felting etc.	01285 750406
Ben Reynolds tree surgery, landscaping, fencing info@bsrarb.co.uk	01285 750769
The Garden & Plant Co. design & landscaping info@gardenandplantco.com	01285 712663
Coln Valley Glazing (under new ownership) windows, doors & conservatories	07765 780772
A Tilling decorating - interior and exterior	01285 810624
Will's Logs seasoned, sustainable hardwood (oak, ash) firewood <small>FREE LOCAL DELIVERY</small>	07771 867767
Cotswold Oven Valeting Ltd professional cleaning of ovens (incl. AGAs) hobs etc	01367 850522
Window Cleaning commercial and domestic traditional window cleaning, also pressure washing and gutter cleaning. For more info: steve.rix@hotmail.co.uk	01451 509049 07731 552250
Handy Man general property maintenance inc. carpentry & painting, inside & out	07791 345750
Local mole control Jay Lazenby jslgoneferreting@gmail.com	01367 850515
HEALTH & WELL-BEING	
Bowen Technique & Reflexology Southrop www.karenbenbow.co.uk	07786 971041
Unique Private Exercise Classes with Heather - improve your flexibility, balance, core strength and energy using the disciplines of Iyengar Yoga, Qi Gong or Tai Chi	01285 750751
Sports Massage & Injury Clinic, Bibury: injuries, or sitting at a desk all day giving you sore shoulders, neck, back? Highly qualified sports therapist: sportstherapy.me	07870 604172
Online and Telephone Counselling amanda@denovocounselling.co.uk	07498 226577
OTHER	
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