

September 2020

VILLAGE CONTACTS

PARISH COUNCILS

Chair: David Hicks Beach Clerk: Chris Jackson	01285 750482 01285 750851 colns	saparishclerk@gmail.com
Chair: Bob lles Clerk: Jane Skinner	01285 750729 01285 712662 j <u>ane</u>	skinner928@yahoo.co.uk
Chair: VACANT Clerk: Ann Tyldesley		<u>icouncil.org</u> eachpc@btinternet.com
Chair: Mike Scott Clerk: Penny Ibbotson		<u>.queningtonpc.com</u> iingtonpc@gmail.com
Chair: Tim Guest Clerk: Vanessa Lawrence		<u>.southrop.org.uk</u> lerk2017@outlook.com
ingtonvillagehall@gmail.com	Flo Dixon Caroline Simmons Andy Howarth	01367 850641 01367 850171 01367 850400
	Clerk: Chris Jackson Chair: Bob Iles Clerk: Jane Skinner Chair: VACANT Clerk: Ann Tyldesley Chair: Mike Scott Clerk: Penny Ibbotson Chair: Tim Guest	Clerk: Chris Jackson01285 750851 colnsChair: Bob Iles01285 750729Clerk: Jane Skinner01285 712662 janeChair: VACANTwww.eastleachparishClerk: Ann Tyldesley01367 860130 eastlChair: Mike Scott01285 750433 wwwClerk: Penny Ibbotson01285 750000 querChair: Tim Guest01367 850189 wwwClerk: Vanessa Lawrence07876 252398 spcceachvhall@gmail.comFlo Dixonropvillagehall@gmail.comCaroline Simmons

SCHOOLS

Hatherop C/E Primary School	01285 750318	Head: Taryn Hancock
Southrop C/E Primary School	01367 850246	Heads: Megan Davies & Julia McLellan
Hatherop Castle School	01285 750206	Head: Nigel Reed

OTHER GROUPS (some not happening at the moment)

S & E Friendship Circle Jane Jenkinson 01367 850393 and Sally Parris 01367 850321 Southrop Ladies Beryl Whiteley 01367 850373

Quenington Baby & Toddler Group margaret.stranks@gmail.com 01285 750402 or 07729 129578

VOLUNTEER SUPPORT

If you need help and do not know who to ask, contact the CHEQS Magazine editor

CHEQS Magazine is a free monthly community publication, delivered by volunteers to about 800 homes in **C**oln St Aldwyns, **H**atherop, **E**astleach, **Q**uenington & **S**outhrop. It is available online (along with back copies) at <u>www.whichq.net/links.html</u>

> **ADVERTISING:** We are grateful to our advertisers for their support. To advertise in the magazine, contact <u>cheqsmagads@gmail.com</u>

EDITOR: Contributions to the magazine are welcomed, but may be edited, and will be included at the editor's discretion. All items submitted for inclusion should include the name and contact details of the sender. Please send contributions or corrections by the 15th of the previous month to the editor: <u>cheqsmagazine@gmail.com</u> Margaret Stranks, 3 Old Orchard Court, Coneygar Road, Quenington 01285 750402 or 07729 129578



Hello from... ... Ruth Garner

I had the good fortune to be born and bred in these villages and grew up being an avid CHEQS Magazine reader. I lived with my parents, Margaret and Norman Tarrant (who some of you may remember) in Quenington until I was seven, then we moved to Hatherop. I had a very happy childhood, roaming round the villages on foot and by bike.

I left in 1987 to get a degree and eventually became a soil surveyor at the Ministry of Agriculture. I met my husband in that first job and one of my aims in life was to live back in these villages. We achieved that in 2015 when we moved to Quenington with our two daughters then aged seven and eight.

In my youth one of the things children did was join Brownies/Guides if you were a girl, or Cubs/Scouts if you were a boy. I enjoyed this so much that as a teenager I helped form a Quenington Beaver pack and volunteered at Cub camps – it would be good for my degree applications, they said!

Over thirty years on and I'm now leader of Fairford Scouts. Scouting has changed and is now open to both boys and girls, yet the founding ideas of friendship, responsibility and a love of the outdoors remain the same. Scouting aims to give children skills for life and challenges them to do their best. If you have a child aged between 6 and 14 years old, who's looking for adventure, then why not come along and see what we offer. Email <u>fairfordscouts@outlook.com</u> and I'll pass your enquiry on to the relevant section.

For those who are too old for Scouting, don't forget to take the opportunity to enjoy the beautiful outdoors on your doorstep. My other passions include exploring landscape archaeology (the patterns of hedges and lanes, humps and bumps in the ground) and wild swimming in the River Thames and its tributaries. Since lockdown my family and I have got in the habit of taking an evening walk together. I have achieved 10,000 steps every day since June and can vouch that a simple walk can do you the power of good!

CORONAVIRUS (COVID-19)

The main initial symptoms of coronavirus COVID-19 infection are:

- a high temperature you feel hot to touch on your chest or back
- a new, continuous cough coughing a lot for more than an hour
- loss or change to your sense of smell or taste

If you have any of these symptoms:

a) get tested to check if you have coronavirus as soon as possible, and

b) you and anyone you live with (or anyone in your support bubble) must self-isolate until you've been tested and received your result (or for at least 10 days).

You can have a test (swab test) to check if you have coronavirus COVID-19. You can choose to take the test either at a test site near you today and get your result tomorrow or with a home test kit, which will take longer.

To get a test, call 119 if you have problems using the internet, or fill in a form online: <u>https://self-referral.test-for-coronavirus.service.gov.uk/antigen/name</u>

WHAT WE MUST ALL DO, EVEN WITH RELAXED RESTRICTIONS

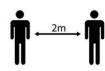
- **Wash hands** with soap and water before leaving home, and on return when out and about use hand sanitiser after touching things
- Avoid touching eyes, nose, and mouth with unwashed hands



- Clean surfaces which have been touched by other people
- Wear face-covering: public transport, shops, churches, many other indoor locations, and in crowded places

Social Distancing & COVID-19

Government advice is that the risk of transmission is small at 2 metres, so where possible you should maintain 2-metres distancing. However, if **that is not possible**, you can reduce the risk to yourself and others by keeping at **1 metre plus** taking as many suitable precautions as possible:



- Limit the number of people or households that you come into contact with
- Sit / stand side by side or behind other people, rather than facing them
- Meet people outdoors, rather than indoors, and keep interactions brief
- Wear a face covering on public transport, in shops or crowded indoor places
- Increase ventilation
- Avoid loud talking or singing with others

Advice may change at short notice, and regional lockdowns or other restrictions may be introduced if there is a local rise in the numbers of COVID-19 cases.

If you need help, please contact your village coordinator - if you do not have their number, please contact the CHEQS Magazine editor 01285 750402

FAIRFORD ART SOCIETY Thursday, 3rd September, 7.30pm at Fairford Community Centre



Sallie Seymour writes: Like most clubs and societies Fairford Art Society abandoned all its plans for the spring and summer and went into lockdown. When restrictions were eased, a few of us were able to meet outside and enjoy the weather and our paints once again thanks to kind-hearted local people with large gardens where we could paint with safe social distancing. Thank you so much - we have so much appreciated your kindness, and loved your gardens.

All things being equal and with new rules and safety measures, we hope to return to our monthly demonstrations at Fairford Community Centre in September. Our first talk will be by Simon Trapnall from Nature in Art:

Looking at Pictures - Thursday, 3rd September, 7.30pm at Fairford Community Centre. Visitors are welcome (£4.00). Social distanced seating will be observed. There will be no coffee served and you are asked to wear masks and gloves - the centre's cloth-covered chairs cannot be sanitised. Please phone 01367 850385 if you intend to come, so that you can be included in the NHS Test and Trace register.



QUENINGTON CAR BOOT SALES

Sadly, the Quenington car boot sales will not return until April next year at the earliest, due to the complex requirements for COVID-secure running of the event.

QUENINGTON BABY & TODDLER GROUP

COVID-safe plans are in place for a return of the group, at Quenington Village Hall on Monday, 7th September from 9.30 - 11.30 am. It is open to all pre-school children and their carers in CHEQS and surrounding area, but at first priority will be given to those who have previously attended.

Parents will need to book via the Toddler Group WhatsApp group or phone 01285 750402 **by 8pm on the Sunday night before each session**, as we will be limited to 10 adults to enable social distancing - the babies & children will not be expected to socially distance!

Funding was received from the Lakes by Yoo COVID-19 fund, which has enabled the purchase of some new equipment which is easily wipeable, and for baby-safe cleaning products. New small tables will enable the little ones to sit further apart for snack time and other activities.



FAIRFORD JUMBLE TRAIL Sunday, 6th September 11am-3pm

As events such as jumble sales and car boot sales are difficult to operate in a COVIDsafe way, some villages and towns have experimented with holding a Jumble Trail various different households in a location offer items for sale on their own premises - driveways or front gardens etc. This was done successfully in Lechlade recently, so people in Fairford thought it would be good to try too. There will be a map of locations, so keep a look out on the dedicated Fairford Jumble Trail Facebook page: https://www.facebook.com/events/343041960417503 or call Lizzie Garthwaite.



Contact Lizzie Garthwaite 07803011349 lizgarthwaite@gmail.com



RIDE+STRIDE FOR CHURCHES

Saturday, 12th September

Ride+Stride is a nationwide sponsored bike or horse ride, drive or walk between churches, exploring and enjoying the surroundings. It takes place every year on the second Saturday in September and is supported by The National Churches Trust. In our area it is run by the Gloucestershire Historic Churches Trust (GHCT). Last year, Ride+Stride nationally raised over £1.2 million to help places of Christian worship of all denominations with repairs and improvements to their buildings and contents, as well as to their surrounding churchyards. This year more than ever, historic churches need your support!

You can take part in Ride+Stride as an individual or with a team. If you cannot travel between churches for sponsorship, this year you can take part in your own sponsored event - for example doing 100 laps of the garden, paint a picture, ride an exercise bike for 20 minutes or anything else that you can think of!

To find out more, including which churches are open, and for sponsorship forms, go to <u>https://ghct.org.uk/ride-and-stride</u> or contact your local organisers:

Coln St Aldwyns: David <u>d.hicksbeach@btinternet.com</u> 750482 Hatherop: Brian <u>briansay@gmail.com</u> 750409 Eastleach: Nen Sutcliffe <u>sutcliffex@btinternet.com</u> Quenington: Anthea <u>anthea.palmer@gmail.com</u> Southrop: Charles Llewellyn

Payment methods: cash or cheque payment can be accepted, but a more COVIDsafe method is by online payment via Just Giving. The money raised will be shared equally between GHCT and the church of your choice.

Please note: churches are unlikely to provide refreshments this year, so take what you need with you - if churches are open, all current COVID-19 guidelines will apply.

SPONSORED CHURCHYARD TIDY-UP IN QUENINGTON Saturday, 12th September between 10.30am and 1pm

You are invited to come and help tidy up St Swithin's churchyard, while raising money for Ride+Stride. Please join in and collect sponsors if possible. All equipment will be provided (unless you prefer to use your own) and social distancing will be maintained. Sanitising gel, disinfectant for tools, and water to drink will also be provided - but please bring your own cups!

QUENINGTON VILLAGE HALL - NEWS OF OPENING AND COFFEE MORNING

Saturday, 12th September from 10.30am to midday

The village hall trustees plan to open the hall for hiring (with COVID-19 Special Terms & Conditions) from 1st September. Please see the new village website for more details <u>https://queningtonvillage.uk/hall-re-opening-1st-september/</u>



The first post-lockdown village hall coffee morning is planned for September. There will be measures in place to ensure everyone's safety, as far as possible. There will be NO raffle.

If you would like to come and spend some time chatting to friends and neighbours - or complete strangers! - do come along and enjoy a drink and some cake.

QUENINGTON VILLAGE HALL 100 CLUB - AUGUST WINNERS

1st Prize (£15) no. 40 - K Goddard

2nd Prize (£10) no. 58 - H Leslie

CHQ ANNUAL PAROCHIAL CHURCH MEETING

Thursday, 24th September at 6.30pm in Coln St Aldwyns church

Coln, Hatherop and Quenington united Parochial Church Council will be holding their APCM in St John the Baptist Church, Coln St Aldwyns. Space will be limited due to social distancing. They will be looking to appoint:

- two Cirencester Deanery Synod representatives
- two churchwardens (one each for Coln and Hatherop)
- three PCC representatives
- a treasurer for Hatherop
- a safeguarding officer for the united parish
- a secretary

If you would like to be considered for any of these vacancies please contact:Revd Simon Brignall<a href="chapter:ch

HARVEST



The United Parish of Coln St Aldwyns, Hatherop & Quenington www.chqchurches.net



Harvest Festival

11.00am – Sunday 27 September St Nicholas Church, Hatherop



As this will be an indoor service COVID-19 requirements will apply:

- Please wear a face-mask/covering
- Sanitise hands on arrival
- Observe 2m social distancing

September is often the time of year when we celebrate the gathering in of the grain harvest by having special church services and sometimes a harvest supper. This year, of course, things are a bit different!

Our farming community has been working hard, as usual, to bring in the crops, and the CHQ Parish has planned a Harvest Festival - but the church will have a smaller capacity than normal, due to social distancing: household members will sit together, but others will need to be spaced out. If you would like to come, please follow the guidance you are given by stewards, and be patient if there is a delay in getting people seated appropriately.

CHEQS DIARY

Priority is given to CHEQS events, but others may be included if space allows.

N.B. Events may have to be cancelled at short notice due to coronavirus restrictions.

There should be appropriate COVID-19 precautions in place, such as hand sanitiser, extra cleaning and reminders to keep your distance from other people. Masks may need to be worn if government advice or regulations require it for the venue/session.

Thursday, 3 rd Sep	7.30pm	Fairford Art Society
Sunday, 6 th Sep	11am - 3pm	Fairford Jumble Trail
Saturday, 12 th Sep	10.30am - 12pm	Quenington Coffee Morning
Saturday, 12 th Sep	10.30am - 1pm	churchyard tidy, Quenington church
Saturday, 12 th Sep	all day	Stride+Ride for churches
Thursday, 24 th Sep	6.30pm	CHQ Annual Parochial Church Meeting
Sunday, 27th Sep	11am	CHQ Harvest Festival, Hatherop Church
Saturday, 17 th Oct	10.30am - 2pm	Apple Day, Quenington Village Hall

NEXT MONTH:

QUENINGTON APPLE DAY

The Quenington Apple Day recipe book, compiled from locally donated recipes, will be on sale - suggested donation £2. Proceeds towards funding the hire of the apple press.

SEED SWAP INFORMATION

Please remember to collect your seeds for the Seed Swap, to be held at Quenington Apple Day. No money will be exchanged - packets need to be clearly marked with the name of the seeds and the collection date. You could also add any other useful growing tips. Some easy vegetables include beans, peas, tomatoes and spinach. Unused commercial



seed packets can also be exchanged or donated. Please remember:

- no hybrids
- for most seeds, you need to dry the seeds completely on the plants
- reduce cross-pollination by only growing one variety of each species and isolate by distance
- only save seeds from the healthiest 'true-to-type' plants.

For more information on saving seeds go to https://queningtonvillage.uk/apple-day/

COLN STORES (new times and information, but also check website)



	Shop	Café (takeaway)	Post Office
Monday - Friday	8am - 4.30pm	8am - 3.30pm	9am - 12pm & 2pm - 4pm
Saturday	8am - 2pm	8am - 1pm	but closed Thursday pm,
Sunday	9am - 1pm	9am - 12pm	and Saturday & Sunday

- only 3 customers at a time social distancing while waiting to be served
- please keep your visit as brief as possible
- use the side door for takeaways (or wheelchair access)

The Café @ Coln is open (for takeaways) and the garden is open, but please:

- leave the tables where they are positioned
- Return all chairs to original table when leaving
- Dispose of all rubbish in the bins provided
- Discuss any issues with a member of staff



SOUTHROP SHOP & POST OFFICE

The Post Office is open, along with the shop: Wednesdays, 9am to 12pm, Southrop Village Hall.

BIBURY POST OFFICE

Open Mon/Wed/Thu/Fri 10am to 4.45pm, Saturday 10 am to 11.30am

FAIRFORD POST OFFICE

Open Mon to Friday 9am to 2pm, Saturday 9am - 1pm (subject to staff availability)

Please remember to wear a face covering (if you are able to) in ALL shops, however small or large they are!



NEWS FROM THE SCHOOLS



Hatherop Church of England Primary School Caring, Believing, Achieving

The CHEQS community welcomes Taryn Hancock as the new headteacher of Hatherop Primary School, and we look forward to hearing news of the school once the new term has started.

Southrop Church of England Primary School Together We Can Fly

Over the summer staff have taken some time off to relax and enjoy the sunshine but we have also been in school planning for September and overseeing refurbishments. The heating system has had a substantial upgrade, including laying new pipework under the playground, which gives us a good feeling as we head



towards winter. We have been lucky to have some families volunteering to help out with redecorating and we now have a lovely bright Swan classroom, new vibrant "Together we can fly" wings painted on the wall and a new school sign. Particular thanks to Freya Barlow for her artistic and design input. Also many thanks to Mr and Mrs Hinton, who not only arranged to have 2 tonnes of gravel kindly donated by Hills Quarry Products, but they also delivered and wheel-barrowed it into place during an afternoon of torrential rain!

As the school year starts, we are looking forward to some much needed "normality" as the children return to their classes with all of their friends. Of course, we are still mindful of the extra precautions necessary to keep staff and children safe. We will have staggered start, end and break times, extra cleaning routines and social distancing where possible. Children will be given opportunities to think of the impact the coronavirus has had on their lives and support to deal with their feelings around this. Our value for Term 1 is Generosity.

We would normally be sending out details of our schedule of open mornings for the parents of children due to start school in September 2021. As it is not possible to have extra visitors in school at the moment, we are looking into alternative ways to give a feel for the very special ethos of our small Christian school and will let you know details as soon as possible. In the meantime please take a look at our website and contact us for any additional information: http://www.southrop.gloucs.sch.uk/ admin@southrop.gloucs.sch.uk 01367 850354



Hatherop Castle School The Adventure of Childhood

Research suggests that transitions are central to young children's development and emotional well-being, and the way in which the

first transitions are handled could have a significant impact on the child's capacity to cope with change in the short and long term. Have a look at our website to find out more: <u>https://www.hatheropcastle.co.uk/news/why-do-we-have-a-transition-class/</u>

CHARITY SHOPS

Gradually, charity shops are opening up. Donations are vital to their survival, but the system is under strain, as many people had a good clear out of their belongings during lockdown, and were eager to have somewhere to take them! Please continue to save items to donate to the various charity shops locally or in Cirencester, but if a shop cannot accept them yet, just keep them for a while before asking again, or try a different shop. Keep in mind the following guidelines:

- only donate clean, useable items nothing broken or incomplete
- a small bag of items is much more likely to be accepted than a car full of bags
- some shops are limiting the type of things they will accept: most will take clothes, but not all will take larger items yet due to storage difficulties the shops need to either quarantine or clean items before putting them on sale
- be aware that shop opening hours and days may now be limited or different
- don't forget to buy things from charity shops if you can saving you money, and enabling items to be re-used, as well as helping fund the many wonderful charities we have in the UK



The Cotswolds Dogs & Cats Home Charity Shop in Fairford

Accepting donations on Fridays and Saturdays only - shop hours are:

Sunday, Monday & Tuesday - CLOSED Wednesday to Saturday - OPEN 9am - 4.30pm

The Community Friends' Charity Shop in Lechlade

Sunday - CLOSED Monday - CLOSED, but accepting donations strictly by previous appointment: call the manager during opening hours **01367 252189** Tuesday - CLOSED for sorting and cleaning **Wednesday to Friday - OPEN 10am to 3.45pm Saturday - OPEN 9am to 1.30 pm**



TREE WARDEN NEEDED FOR QUENINGTON



Quenington Parish Council is looking for a tree warden as the previous tree warden has moved away from the village. This is a voluntary role which mainly involves keeping an eye on local trees and reporting any concerns to the Parish Council and also giving advice/comments on any tree work applications that are

submitted. Support and training is given by the Cotswold Tree Warden Group. If you are interested in volunteering for this role, please contact the clerk at <u>queningtonpc@gmail.com</u>

VOLUNTEER OPPORTUNITIES AT MACARONI WOOD



Noah's Ark Children's Venture are looking for some volunteer support now that they have reopened. There are two roles available, both of which will give you a wonderful opportunity to spend a little time in the beautiful environs of Macaroni Wood:

- helping care for the small-holding of animals at Macaroni Wood, and to cover the Centre Manager when on annual leave.
- a gardener to help maintain and bring to life the garden space and allotment.

Although up to 2,000 children and young people visit the centre every year, with 18 acres of woodland there is ample space to make sure you are socially distanced and safe at Macaroni Wood.



If you are interested and would like to find out more, please contact Mark Smyth, Business Lead, Noah's Ark Children's Venture, Macaroni Wood either by email or phone: <u>marksmyth@macaroniwood.org.uk</u> or 01367 850356.

Noah's Ark Children's Venture is a registered charity - check out their website: <u>www.macaroniwood.org.uk</u>

citizens advice

Cotswold District

PENSION CREDIT - ARE YOU MISSING OUT?

rict The recent government announcement that over 75s will only be entitled to a free television licence if they are in receipt

of Pension Credit has raised awareness of this under-claimed benefit, with only 6 out of 10 of those entitled to Pension Credit claiming it. You may still be eligible if you own your own home. Pension credit is made up of two parts, and is designed to help pensioners on low incomes:

Guarantee Credit is intended to top up the weekly income of a single person in receipt of State Retirement Pension, whose income is below £173.75, or a couple who have *both* reached state pension age, and whose joint income is below £265.20. **Savings Credit** is an extra payment for people who have additional pensions or savings. To be entitled to Savings Credit the claimant must have reached State Retirement Pension age before 6th April 2016.

All Pension Credit claims are means-tested. However, income from Attendance Allowance and Personal Independence Payments are disregarded and may allow an increase in Pension Credit payment. If you would like any more information and help with this or any other matters, please contact Citizens Advice on the **Confidential Freephone: 0808 800 0511 Mon to Fri 10 am to 4 pm.** You can also check your entitlement by contacting The Pension Credit Claim line: freephone 0800 99 1234 – a friend or relative can also call for you. If you know anyone who might need help, and particularly those who do not have access to the internet, please pass on the details of Citizens Advice.

HIDDEN BUSINESSES



Behind the walls of some of our CHEQS residences, people are busy running small businesses. This month we put the SPOTLIGHT ON...

...Michelle Parkinson



I started Cotswold Yoga and Wellbeing courses in August 2016, after moving to the Cotswolds to escape the busy Oxford life. I initially tailored courses to health and wellbeing, massage, change and healing, and then branched out into yoga a few years later. I began to learn about yoga whilst at university, learning Ashtanga from books and using Ayurveda herbs for cooking and wellbeing. Through looking after my body and my mind, I found the solace and comfort I needed to see me through my first degree course. I never thought some 20 years later this way of life would become my main source of income and inspiration!

After working globally for large international aid and humanitarian organisations, yoga and meditation helped me to get out of my head and into my body, to stop the mental chatter of an overworked, anxious mind, and get rid of the extra pounds which desk-based jobs had helped me to gain. I wanted to share the knowledge and

benefits I had gained, so I began teaching and giving 'change courses' and simple massage. This then led to me completing my Vinyasa Flow Yoga teaching qualification and the brand - Cotswold Yoga and Wellbeing - was born. I really wanted to bridge the gap between busy city-based studios with the benefits of rural living, and smaller rural studios or even home practices. I offer one-to-one tuition, and small group classes in and around the Cotswolds.



Yoga and wellbeing cover so many different aspects to the work-life balance, from getting the right amount of sleep, choosing the right career path, to getting the right amounts of exercise and rest to maintain a sense of equilibrium. Balance and routine can create comfort and familiarity in tough times, particularly in the current post-COVID climate. A time to withdraw and connect to yourself, yoga works on the nervous system to detach you from the fight or flight stress response, to help ease you back into everyday normality. Joining a yoga community class helps connect with others, and provides a network of friends.

If you are feeling lost or stuck, or in need of some movement for injury recovery and rehabilitation, or even just need some 'me time' - roll out your mat, find a cosy corner and give me a call. <u>www.cotswoldyogacourses.com</u>

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gate automation. All works undertaken. James@coriniumsecuritysystems.com		
Michael Rixon Building & Roofing Ltd building, roofing, Cotswold stone tiling etc.	01285 750517	
office@rixbuild.co.uk		
Architect Rural Workshop Ltd, RIBA Chartered tim@ruralworkshop.net	07413 715276	
Floor Sanding Floorboard Restoration Specialist office@justfloorboards.co.uk	07557 304290	
SN Complete Groundworks drainage, driveways, fencing etc. 07738937697	01367 850717	
Keith Ford garden work - pruning & hedge cutting, sheds re-felted etc.	01285 750406	
The Garden & Plant Company design & landscape info@gardenandplantco.com	01285 712663	
Coln Valley Glazing Replacement of misted or broken glass units 0776 5780772	01285 750553	
A Tilling decorating - interior and exterior	01285 810624	
Will's Logs seasoned, sustainable hardwood (oak, ash) firewood FREE LOCAL DELIVERY	07771 867767	
Plates a Plenty crockery, cutlery, glassware, linen hire: platesaplenty@gmail.com	01285 740679	
Cotswold Oven Valeting Ltd professional cleaning of ovens (incl. AGAs) hobs etc	01367 850522	
Window Cleaning commercial and domestic traditional window cleaning, also	01285 752703	
pressure washing and gutter cleaning. For more info: steve.rix@hotmail.co.uk	07731 552250	
Handy Man general property maintenance inc. carpentry & painting, inside & out	07791 345750	
HEALTH & WELL-BEING		
Hayley Hurdle Fitness Quenington studio and trainer www.hayleyhurdlefitness.co.u		
Bowen Technique & Reflexology Southrop www.karenbenbow.co.uk	07786 971041	
Unique Private Exercise Classes with Heather - improve your flexibility, balance,	01285 750751	
core strength and energy using the disciplines of Iyengar Yoga, Qi Gong or Tai Chi	01200700701	
<u>OTHER</u>		
The Keepers Arms Quenington, Jon & Michelle www.thekeepersarms.co.uk	01285 750349	
Artist - Sallie Seymour original works, local scenes, cards, some prints available	01367 850385	
also individual or small group tuition can be arranged <u>seymoursallie@gmail.com</u>		
Eimear Carvill - Stampin' Up! papercraft and cardmaking classes at QVH www.star	mpincolour.com	
Byeways Taxis and Private Hire local and long-distance bookings welcome, with vehicles to suit most occasions FREEPHONE 0800 999 2288	01451 844384	
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Walton House Barn, Northleach, Cheltenham GL54 3HX nthnorthleach@gmail.com 01451 860288



CHURCH SERVICES

It is currently a government requirement that **people at indoor church services must wear a face covering**, in addition to having coronavirus prevention measures in place (social distancing, hand sanitising, no singing). As always, there may be changes depending on updated government guidelines and regulations.



Coln, Hatherop & Quenington parish is having

socially distanced services outdoors, weather permitting. Everybody is welcome. Service details for readers etc. are available on the CHQ churches website:



https://www.chqchurches.net/

MP=Morning Prayer, HC=Holy Communion

Sunday, 6 th September	11am HC	Quenington churchyard
Sunday, 13 th September	11am MP	Vicarage garden, Coln
Sunday, 20 th September	11am HC	Quenington churchyard
Sunday, 27 th September	11am Harve	est service at Hatherop Church

Southrop church:

Sunday, 6th September 6pm Evening Prayer Sunday, 27th September 9.30am (HC or MP depending on clergy availability)

Eastleach: St Andrew's Church is looking at ways to hold services again postlockdown and keeping within government guidelines. Keep a lookout on the village website <u>eastleach.org</u>

Church buildings will be open at times, for private prayer and reflection:

Coln: daytime on SundaysEastleach: from 10am to 5pm on SundaysHatherop: daytime on ThursdaysQuenington daytime Mondays and FridaysSouthrop Sundays from 10am to 4pm

CHURCH SERVICES ONLINE

The online services will continue for now, as not all churches are able to hold physical services. There is a new Worship at Home website to host the online services. <u>https://worship-at-home.weebly.com/</u>

WILLIAMSTRIP CHAPEL

Mass is celebrated on Sundays at 9.30am

FAIRFORD CHURCHES

Please check notices boards and websites, or phone the church contact person.

CHURCH of ENGLAND CLERGY

Coln St Aldwyns, Hatherop & Quenington:Rev Simon BrignallThe Vicarage, Church Lane, Coln St Aldwyns GL7 5AG(Thu, Fri, Sat, Sun)01285 752662chqvicar@gmail.com		
Rev Roger Scoones (honorary)	3 Warwick Close, Fai 01285 711864	irford GL7 4LR roger.scoones@icloud.com
Eastleach & SouthropRev Andrew CinnamondThe Vicarage, Sherborne Street, Lechlade GL7 3AH(day off Tuesday)01367 253651vicar@stlawrencelechlade.org.ukGordon Land01367 252050walreader44@gmail.com(Lead Minister for Eastleach)vicar@stlawrencelechlade.org.uk		
C of E CHURCH WARDENSColn St AldwynsvacantHatheropvacantEastleachTim LawsonQueningtonVal TraffordSouthropMargaret Davey01367 850347Gavin MacEchern01367 860815		
C of E SAFEGUARDING OFFICERCHQvacantEastleachNicole Backhouse07780 605717SouthropRhona Reid01367 850295		
C of E YOUTH WORKERCHEQS & beyondChris Saunders07918 732040saundersc2014@gmail.com		
CATHOLIC PARISH PRIEST Father Michael Robertson 01285 712586 michael.robertson@cliftondiocese.com		
WILLIAMSTRIP CHAPEL CHAPLAIN Rev J Felix Stephens OSB 01285 740374 jfs.osb@ampleforth.org.uk		
FAIRFORD UNITED CHURCH		

Rev James Taylor 01285 653655

Secretary, Stuart Emmerson 01451 844532

HOSPITALS Fairford: out-patients only 0300 421 6470 Cirencester 0300 421 6200
SURGERIES Hilary Cottage, Fairford 01285 712377 Lechlade Medical Centre 01367 252264
GCC COMMUNITY WELL-BEING SERVICE 01452 528491
PHARMACIES Boots, Fairford 01285 712350, Lechlade Pharmacy 01367 252285
POLICE non-emergency: phone 101 or email 101@gloucestershire.police.uk

Quenington Defibrillator outside Quenington Village Hall for use by anyone in emergency. Trained volunteers available on **01285 610210** but ALWAYS RING 999 FIRST!

Bus Service 76 Mon, Tue, Thu, Sat: Southrop 09:42, Eastleach 09:50, Hatherop 09:56, Coln 09:59, Quenington 10:02, to Fairford & Cirencester. The return service leaves Cirencester at 13:50 and Fairford at 14:33.

Community Connexions Community Bus book in advance on 03456 805029 for the doorto-door service on Thursdays to Cirencester; free with a bus pass or £8 each way.





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For further information, please contact Samantha Kinch:

admissions@hatheropcastle.co.uk

The Cotswold Flyer - Free escorted train service to London & return for weekly boarders

