

HATHEROP

SOUTHROP

QUENINGTON

MAY 2020

VILLAGE CONTACTS

PARISH COUNCILS

Coln St Aldwyns	Chair: David Hicks Beach Clerk: Chris Jackson	01285 750482 01285 750851	colnsaparishclerk@gmail.com
Hatherop	Chair: Bob Iles Clerk: Jane Skinner	01285 750729 01285 712662	jane-skinner928@yahoo.co.uk
Eastleach	Chair: Pete McHugh Clerk: Ann Tyldesley		www.eastleachparishcouncil.org eastleachpc@btinternet.com
Quenington	Chair: Mike Scott Clerk: Penny Ibbotson	01285 750433 01285 750000	
Southrop	Chair: Tim Guest Clerk: Vanessa Lawrence	01367 850189 07876 252398	

VILLAGE HALLS

Eastleach	eastleachvhall@gmail.com	Flo Dixon	01367 850641
Quenington	queningtonvillagehall@gmail.com		
Southrop	southropvillagehall@gmail.com	Caroline Simmons	01367 850171
Jubilee Field		Andy Howarth	01367 850400

SCHOOLS

Hatherop C/E Primary School	01285 750318
Southrop C/E Primary School	01367 850246
Hatherop Castle School	01285 750206

Head: Caroline Burton Heads: Megan Davies & Julia McLellan Head: Nigel Reed

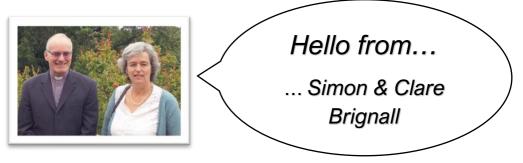
OTHER GROUPS

S & E Friendship Circle Jane Jenkinson 01367 850393 and Sally Parris 01367 850321
Southrop Ladies Beryl Whiteley 01367 850373
Quenington Baby & Toddler Group margaret.stranks@gmail.com 01285 750402 or 07729 129578

CHEQS Magazine is a free monthly community publication, delivered by volunteers to about 800 homes in **C**oln St Aldwyns, **H**atherop, **E**astleach, **Q**uenington & **S**outhrop. It is available online (along with back copies) at <u>www.whichq.net/links.html</u>

> **ADVERTISING:** We are grateful to our advertisers for their support. To advertise in the magazine, contact <u>cheqsmagads@gmail.com</u>

EDITOR: Contributions to the magazine are welcomed, but may be edited, and will be included at the editor's discretion. All items submitted for inclusion should include the name and contact details of the sender. Please send contributions or corrections
by the 12th of the previous month to the editor: cheqsmagazine@gmail.com
Margaret Stranks, 3 Old Orchard Court, Coneygar Road, Quenington 01285 750402 or 07729 129578



Coming to live and work in the South Cotswolds Team Ministry area and to serve the parish of Coln St. Aldwyns, Hatherop & Quenington has been a real home-coming. Clare's childhood home is Ampney St Peter and we were married in St Mary's, Fairford. Over the years I have probably preached and led worship in most of the churches of the Team, especially during our home leave from Peru and latterly Chile.

South America has played a big part in our lives. We worked in beautiful Arequipa, Peru, with the people of the *pueblos jóvenes* or young towns that sprawled out from the old colonial city to the foot of Misti, the snow-capped volcanic backdrop of the city.



Back in the UK, we swapped city life for rural ministry on the edge of the Chilterns working in the Oxford diocese, and latterly with the Salisbury diocese near Sherbourne in Dorset. Living and working with small communities, we've discovered how creative village life is and how resilient the rural church is, despite forecasts of its imminent demise!

Our next location was Chile, and the experience of city life in the big seaport of Valparaiso, where I served as the first Rector of the newly consecrated Cathedral Church of St Paul, and also was chaplain to the British community in the city. The history of the British community goes right back to the early days of independence, when the merchants (who included some of Clare's ancestors), the miners, the engineers and sheep farmers from Scotland helped to build the 'new' country. St Paul's has been their community church for 160 years and despite being scattered far and wide today they still return to it for their baptisms, weddings and funerals.

And so here we are, and I look forward to starting work as Associate Priest of the CHQ group. Of course, like everyone else, our lives are on hold for the moment. But not quite! We are discovering again the creativity of village communities as they find technological ways to 'come together', and the resilience of the rural church - virtual choirs, quizzes, congregations and concerts, to mention just a few of the wonderful things which are happening. It is a joy to come home to such a vibrant community!

SYMPTOMS OF CORONAVIRUS (COVID-19) - A REMINDER

The main initial symptoms of coronavirus infection are:

- **a high temperature** this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- a new, continuous cough this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)

The latest health advice can be found on these websites: <u>www.111.nhs.uk/covid-19</u> www.gov.uk/government/organisations/public-health-england

Do **not** go to a GP surgery, pharmacy or hospital. **Stay at home for 7 days** (check latest advice) and ask for help from our CHEQS volunteer coordinators.

GUIDANCE FOR EVERYONE IN THE UK

You should only leave the house for very limited purposes:

- **shopping for basic necessities**, for example food and medicine, which must be as infrequent as possible.
- **one form of exercise a day**, for example a run, walk, or cycle alone or with members of your household.
- **any medical need**, including to donate blood, avoid or escape risk of injury or harm, or to provide care or to help a vulnerable person.
- travelling for work purposes, but only where you cannot work from home.

These reasons are exceptions - even when doing these activities, you should minimise time spent outside the home and always keep at least 2 metres (six feet) away from anyone outside of your household (check latest guidance).

HANDWASHING AND RESPIRATORY HYGIENE - A REMINDER



• Wash your hands more often than usual - with soap and water for at least 20 seconds (or use a hand sanitiser if no soap available) before you leave the house, when you return, when you get into work, when you blow your nose, sneeze or cough, eat or handle food

- Avoid touching eyes, nose, and mouth with unwashed hands
- Avoid close contact with people only go out if you need to (if permitted)
- **Cover** your cough or sneeze with a tissue, then throw the tissue in a bin and wash your hands immediately
- Clean and disinfect frequently touched objects and surfaces in the home

WAYS TO GET (OR GIVE) HELP KEEP THIS BY YOUR PHONE

Please keep an eye on your neighbours, especially the elderly and vulnerable - help is available - volunteers have offered to:

- do essential food shopping
- collect prescription medicines •
- give a friendly phone call to check you are ok

IF YOU NEED HELP, CONTACT THE COORDINATORS:

COLN ST ALDWYNS

David Hicks Beach

d.hicksbeach@btinternet.com 07901 676004

01285 750482

HATHEROP

Bob lles

EASTLEACH

Sue Souter

QUENINGTON Margaret Stranks

01285 750729

suesouter@btinternet.com 01367 850449

margaret.stranks@gmail.com 01285 750402 07729 129578

SOUTHROP

Tim Guest Rod Jones Cathy & Peter Brickley **Russ Giles**

southropPC@gmail.com

01367 850189 01367 850185 01367 850504 01367 850270

Facebook Group Quenington & Surrounding Hamlets: CHEQS COVID-19 Support

All volunteers should be aware that coronavirus spreads very easily, and should:

- avoid physical contact with you
- wash their hands before collecting anything to be delivered •
- leave items on your doorstep and wait for you to pick them up

Only deal with people you know, or have been given the name of - beware offers of help from unknown callers! Contact a local coordinator if you are worried.

RECEIVED BY THE EDITOR

Correspondence is always welcome - do get in touch with suggestions for articles, or if you have something to share with the CHEQS community: cheqsmagazine@gmail.com or 07729 129578 or Margaret Stranks, 3 Old Orchard Court, Coneygar Road, Quenington, Cirencester GL7 5BY



A Huge THANK YOU to Coln Community Stores

There are many frontline workers who have received thanks from the country for their amazing efforts in these unusual times. May I add my thanks to all those - staff and volunteers - who have kept Coln Stores up and running, with an incredible array of produce. They add a small proportion to the overall national effort, but a very large part in the life of our villages.

CHEQS resident (name & address supplied)

THANKS TO ALL OUR KEY WORKERS



Many people are carrying on with their vital work in the community, while the rest of us are furloughed, working from home, teaching our children, or getting all those little jobs around the house and garden done. NHS workers are on the front line, but others are also risking their health by being out for the sake of others: postal workers, delivery drivers, teachers of the children of key workers and pupils with particular needs, essential shop staff (food, pharmacy postal), those working in household refuse and recycling, utilities staff and probably many others besides.

It was great to

see some of our posties getting dressed up to raise a smile and to collect goods from households for the staff at Cirencester Hospital. The regular 8pm applause on Thursdays for all key workers is a small, but often emotional and heartfelt, way of showing our appreciation and gratitude.



MATT DAWSON, OF QUENINGTON Helping defend NHS staff from coronavirus COVID-19

At the beginning of April, Matt Dawson realised that many NHS members of staff were working incredibly hard to support people who had the coronavirus COVID-19, but they did not always have the Personal Protection Equipment (PPE) to keep

themselves safe. He explained, "A friend of mine arrived for her shift at work. She is a locum doctor, taking on extra shifts to help out as much as she can during the coronavirus crisis. When she arrived the only PPE available to her was a pair of plastic gloves. She is a friend, a wife, mother to two girls, a daughter and a sister, and she was helping patients with COVID-19 without the correct equipment."

Matt knew he could design and produce the sort of protective visors which were needed, "It followed that I couldn't - and shouldn't - sit on my hands whilst medical staff, some of them close personal friends, stuck out their necks for the rest of us."

Putting his engineer and design business on hold, a week later Matt had designed and made a prototype visor at his own expense. Willing to share his hard work, he made the design available for free download on his company's website www.orthotropic.co.uk/face-visors

The design work and preparation for production took over 50 hours. The visor is extremely quick and easy to manufacture in large quantities and Matt set himself the ambitious target of making 1,000 visors over the next 2 or 3 weeks. He anticipated that this would take him another 80-120 hours. Matt and his wife, Katy, were happy to give their time during this extraordinary period of national crisis, but they needed extra funding to help pay for the parts and materials (£8 per visor). This page:

www.justgiving.com/crowdfunding/matthew-dawson-1 was

set up with £8,000 as the target. Over 180 people gave donations of £20 and more, and within a week the target had been reached! People were happy to support a local man who was using his knowledge, skills and contacts to help provide some of the basic, but vital, equipment which has been in such short supply for front line workers.



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KEEPING BEES - LUCY ABEL SMITH

I can't really remember when I started to keep bees, but I suppose it was about 12 years ago. I had a very romantic view of beekeeping. It wasn't just the veil and the kit, but the thought of the importance of bees in pollination. I had travelled quite widely in famous beekeeping countries - Slovenia, Greece, Albania and Romania, and enjoyed the culture. There is even a wonderful beekeeping museum in Slovenia!

Then we had a swarm of bees at the Old Rectory. Ken Gaiger was a Quenington beekeeper who had lived in the village all his life - he used to run a jazz band and was also an ace pigeon shot, saving our farmers a lot of money! Anyway, he came to the rescue and I thought the whole thing was magical: I watched as he threw the swarm from the skep (the bee hive shaped basket) onto a sheet... and the bees walked into the hive like



some ancient tribe. Ken was well in his eighties, and ready to give up beekeeping, so he suggested that I took on his kit - much of it DIY - and a hive of bees.

We couldn't have bees at the Old Rectory due to the numbers of people visiting the garden - and Esme Bradburne our former head-gardener, always felt the garden was too draughty for bees. Fortunately, Jessica Douglas Home, our neighbour, was also interested, so we went in 50:50 and kept the bees in her vegetable garden. That is,



until the time when I had a hive with an evil queen, and the bees kept attacking everyone! I had to kill the queen, and now I just keep one or two hives in a field nearby. I have no hobby other than my work, which is a passion, so I thought I should have something soothing and absorbing. However, beekeeping is sometimes neither of these - the bees always seem to swarm just when you are going off to catch a plane, or go to the dentist!

As I said, the late Ken Gaiger trained me up, but nowadays, Mike Nash from Poulton helps me out. Beekeeping has become more complicated, and you have to be very hygiene-aware. In Ken's day there was no varroa (a mite which attacks the bees' immune system) and his equipment was home made - in the 1950s! Eventually I had to burn most of it, sadly.



As long as the hives are near a source of food and water, bees don't need too much looking after, but you have to treat the hive to protect them from pests such as varroa. The use of smoke is effective in calming the bees. I burn rotten wood collected around Quenington, and cardboard, for creating the smoke. The winter months are fairly quiet - you just have to make sure that the roof won't blow off the hive in strong

winds! A peek into the hives on a sunny February day is a good idea. In the warmer April weather, the bees are building up strength, and the queen from last season starts to lay. Then you look out for the teardrop-shaped queen cells, to see if another hive can be started. If there are too many queen cells, the bees will swarm and you lose them.





When the rape is in flower, the bees are thrilled - but you have to take the rape honey off, or it will solidify in the hive. That is the first harvest, which is about a two-day job (I get help from Mike Nash). If you are lucky, there should be another honey harvest in June, but often I leave the honey in the hive, to give food for the bees through the winter.

You use a hive tool to separate and lift the frames and separate the upper frames (or 'supers') where the honey is formed from the brood box where the queen lays her eggs. There is a wire mesh (excluder) between the two, and as the queen is a different shape from the other bees (the workers and drones) she is unable to get through the excluder. This prevents her from coming up and laying eggs in the frames for honey. I still find the queen difficult to spot. It is great at the beginning of the season if you can find the queen and mark her. One of the most thrilling moments I had was when I spotted a young virgin queen emerging from the cell.



Keeping bees is not a cheap hobby, with all the equipment, the frames and the wax, but without bees and their great work as pollinators, our agriculture would be in a bad way. I'm still a novice and sometimes do the most idiotic things. In fact, I am quite frightened of bees, as I'm allergic to their stings. In spite of that, I do find them fascinating, and they give me a greater

awareness of the natural order of life and the passage of the seasons. When I am with them, there is a great focusing of attention, and an extraordinary peacefulness.



If Lucy's passion has inspired you, check out more information on the websites of the British Beekeepers Association, or the local Cirencester & District Beekeepers.



THE COTSWOLD CHALLENGE COMPETITION LAUNCHES



The Cotswold Challenge is an exciting new competition with cash prizes for young people in the Cotswolds aged between 16 and 19 years old. It is an opportunity for those who have had their GCSEs and A-levels cancelled to take

part in a challenge to excel, show off their skills or talents, gain a sense of achievement - and win a monetary prize!

The Cotswold Challenge has three categories:

- Art & Design
- Creative Writing
- Innovation & Entrepreneurial Thinking

There are four prizes in each category of \pounds 500, \pounds 300, \pounds 150 and \pounds 50. The prize money has been donated by generous sponsors (see the website for details).

Young artists, sculptors, authors, poets and entrepreneurs can enter one or all three categories as many times as they like. The judges include Tessa Campbell Fraser (artist and sculptor); Darrell Warner (worked on *Pirates of the Caribbean, Spiderman, The Mummy* and *Rocketman*); Adam Henson (TV presenter and owner of the Cotswold Farm Park); Paul Cornell (a writer with TV credits including *Elementary, Doctor Who* and *Primeval*) and Suzannah Harvey, CEO of Cotswold Airport.

Winners will also be able to pitch for additional funds to take 'the next step' towards showcasing their work e.g. publishing their poem or short story; staging their own art exhibition or taking their innovative idea to an early prototype stage.

The Cotswold Challenge is a brand-new innovative initiative, which launched on Monday April 20, and has a deadline for entries of 9pm on Monday, 1st June. Entry is FREE and you can get a briefing pack and entry details from: https://www.thecotswoldchallenge.com.











The Cotswold Challenge has been created by a team of five self-employed, professional business people, all members of the Fairford & Lechlade Business Club: Nigel Chute (Chute Design), Barry Jackson (Aspire Academy), Allison Murray (Allison Murray Design), Chris Roberts MBE (founder of the Fairford & Lechlade Business Club, and freelance journalist) and Fiona Scott (Fiona Scott Media).

NEWS FROM THE HOME / SCHOOLS

Do get in touch to share the best things you have been able to do during lockdown.

Our lives are limited in some ways, but we also have the huge benefit of living in such glorious places - those of us who are able to take daily exercise are very appreciative.

Using mobile phone and internet-based technology such as WhatsApp, Facebook groups, Zoom, Skype, FaceTime etc. can be a huge help in linking us with neighbours, friends, family, church, school friends, the wider community and the world - many of us are getting to grips with forms of technology and communication which we have not used before.

Parents are gaining new respect for the teachers of their children, and also learning new skills themselves. Here is a brief report from a family in Southrop, with two children at home - Juliette is 5 years old, and Rupert is 2. **Mum, Kelly, writes:**

This current situation really has changed our day to day lives. Thankfully, having the children at home does mean we have kept some structure and been able to create our own timetable, being as flexible as we need to be. Our top tip with regard to home-schooling is, go at your child's pace. Some resources we are using are:



Twinkl - These have been great for us especially for story mapping. It's used by the school so is visually familiar to our daughter. They have loads of printable activities, really easy to search and print or just use the ideas to make your own activity. Free password (PARENTSTWINKLHELPS) for their website <u>www.twinkl.co.uk</u>

Oxford Owl - So many books to read and most of them have a little quiz at the end for the child to do. <u>www.oxfordowl.co.uk</u>

Carol Vorderman maths - this has been a winner for us, our daughter has really enjoyed the journey it takes you on. <u>www.themathsfactor.com</u>

One of the teachers, Mrs Tipple, sent us a list of '40 Old-fashioned Skills that Kids Need to Know' - as parents, we had to laugh as even we couldn't do everything! Here are just some of them. *How to: write a letter, make a phone call, sew on a button, hammer a nail, make scrambled eggs, write a thank-you note, do laundry, wait and save for something, ask questions to get to know someone better, read a map, find a book in the library, plan a healthy meal, iron a shirt, do the cleaning, have good table manners, put air in a bike tyre, change a light bulb, plan a budget, fill a stapler...*

NEWS FROM THE SCHOOLS

Southrop Church of England Primary School Together we can fly



Though we were very sad to close our doors due to the situation with COVID-19, we are extremely grateful to Fairford C of E Primary School who are schooling those of our pupils who are children of key workers. Meanwhile, all of our staff have been determined to

help the families at home to make this a happy and enriching time for our pupils. Mr Middleton, our IT technician, has been working to enable staff and families to access resources from home and we have even set up our own YouTube channel, which hosts story-times from staff, teaching, and clips of exciting events in the children's lives: science experiments conducted at home, and a child riding their bike for the first time without stabilisers. We have been keen to set up shared projects, with families creating rainbows to display in their windows and decorated pebbles which have been hidden on the pathways around school for children to find on their daily walks. We send out weekly newsletters with the children's photos and updates of what they have been doing - from making tree houses and bug hotels, to constructing Greek amphitheatres out of Lego. All our pupils are learning about the Victorians and inventions this term, and suitable Design & Technology kits have been ordered cross stitch work for the Cygnets, and moving toys using cams for the Swans to create. We are looking forward to sharing everyone's inventiveness.

Hatherop Church of England Primary School Caring, Believing, Achieving



Even during the Easter holidays our school was open to a few children of Key Workers - schools, however small, were asked to stay open if possible, as part of the national response to COVID-19. The number of staff needed is now very much reduced and in order

to keep the risk of infection to a minimum, we have arranged for staff to come in to school on a one week on/one week off rota. Schools were asked to provide provision for these children which is more about care than education. So, what does life look like at our school during Lockdown? The children follow a relaxed schedule: rainbow pictures and mobiles have been made, origami frogs, and parachutes for small world people, alongside other activities that fall into Maths and English. Food parcels are delivered every two weeks and distributed to children who are eligible for free school meals, and life behind the scenes continues. At home, the majority of children have been busy too in the care of their parents. It is a very different world and we are all looking forward to returning to normal life as soon as it is possible. Many thanks to all the staff at Hatherop C of E Primary School for continuing to support the school in keeping open during this crisis.

QUENINGTON VILLAGE HALL 100 CLUB - APRIL WINNERS

1st Prize (£15) no. 28 - A Goddard

APPLE RECIPES STILL REQUIRED

A reminder that in preparation for Quenington Apple Day 2020 a small team is planning to compile an apple themed recipe booklet. Many thanks to those who have already

given us a recipe, but we do need more! This time of lockdown is perfect for hunting out those old favourite recipes, and sending them in:

- a typed or handwritten copy or a photocopy of your recipe
- the reason you chose it perhaps it has been handed down through the family

Joan Grosscurth 5 Coneygar Road Quenington Cirencester GL7 5BY

- if there have been any adaptations to the original
- your name

PLAIN PASTRY

your contact details (which will not be published)

You can either put it in the post or through the letterbox:

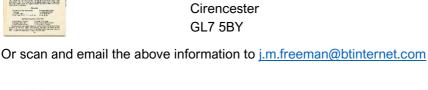
Friends of Fairford and Lechlade Communities

Formerly The League of Friends of Fairford Hospital

The Friends of F & L Communities are assisting the great efforts of both Fairford and Lechlade Councils in ensuring the vulnerable and isolated in our communities are supported. We have sent our nursing team and patient transport contact details to all the local village co-ordinators, and our prescription delivery services are continuing. Our planned house-to-house fund raising was cancelled, so if you would like to donate please do so via our website: www.friendsoffairford.org.uk or call our administrator, Christine Barker on 07767 408409 to arrange how this can be done and we thank you in anticipation of your support.











2nd Prize (£10) no. 3 - J Sewell

POST OFFICES

With the temporary closure (Coln & Southrop) or limited hours of our local Post Offices, you may like to use the Royal Mail online service Click&Drop® <u>https://parcel.royalmail.com/</u> You need to

know the weight & dimensions of your item. You pay online, print the label and stick it on your item, then drop it off in a post box, or at a Post Office (if you need proof of sending etc).

COLN STORES (check website for more information & Bank Holiday times)



www.colnstores.co.uk Shop

Monday - Friday Saturday Sunday 8am - 3pm 8am - 1pm 9am - 12pm

Café (takeaway)

Post Office

9am - 1pm	CLOSED
CLOSED	CLOSED
CLOSED	CLOSED

- only 3 customers at a time
- observe social distancing
- only buy what you need

Coln Stores needs your cooperation in order to remain open!

SOUTHROP VILLAGE HALL SHOP



Although the Post Office is temporarily closed, the shop will remain open, depending on current



government advice and staffing: Wednesdays 9am - 12pm in Southrop Village Hall.



HIDDEN BUSINESSES



Behind the walls of some of our CHEQS residences, people are busy running small businesses. This month we put the

SPOTLIGHT ON...

... Cheryl Taylor



Originally from Sussex, I have lived in the Cotswolds for six years now. I did a lot of travelling before coming to live here, and was happy to settle down in our new home, looking after my baby boy. When he was a little older, I worked for a while as Finance Administrator for **The Lakes** by yee.

In May 2019 I launched Cotswold PA Services. With my son growing up and starting school, I decided that the flexibility of running my own business would work well with family life - I could offer a service to other local businesses or individuals, which might involve visiting their premises as well as working 'virtually' from home. I have a fully equipped home office, personal indemnity insurance, and plenty of knowledge and experience to share! I am able to help both businesses and individuals with many aspects of personal assistant (PA) services from social media advice to bookkeeping. If businesses have to hire a PA, there are many associated costs - PAYE, tax, benefits, pensions etc. - which can be saved by using a 'virtual' PA.



I was pleased to be a finalist in the Business Awards for 'New Business of the Year' at the Fairford & Lechlade Business Club Awards 2020.

In recent months, COVID-19 has seriously affected my business. As many small businesses are suffering either from temporary closure or reduced activity, I am also losing clients. Self-employed people cannot get any help from the Government until June, so many business people are currently struggling with no income. In spite of this, I am determined to keep offering my services and supporting other local businesses in these difficult times. Because of COVID-19 and the impact it is having on local businesses, I am offering help to those locally at discounted

rates, also offering bespoke packages - and even the odd free service. If you or your business needs any PA services, do get in touch!

Info@cotswoldpaservices.co.uk

MANY BUSINESSES ARE STRUGGLING - SUPPORT THEM IF & WHEN YOU CAN!

TO ADVERTISE OR MAKE AMENDMENTS: cheqsmagads@gmail.com	n
HOUSE & GROUNDS	
Michael Rixon Building & Roofing Ltd building, roofing, Cotswold stone tiling etc. office@rixbuild.co.uk	01285 750517
Architect Rural Workshop Ltd, RIBA Chartered tim@ruralworkshop.net	07413 715276
Floor Sanding Floorboard Restoration Specialist office@justfloorboards.co.uk	07557 304290
SN Complete Groundworks drainage, driveways, fencing etc. 07738937697	01367 850717
Keith Ford garden work - pruning & hedge cutting, sheds re-felted etc.	01285 750406
The Garden & Plant Company design & landscape info@gardenandplantco.com	01285 712663
BSR Arboriculture tree surgery and garden work <u>bsrarboriculture@outlook.com</u>	07802 567452
Coln Valley Glazing Replacement of misted or broken glass units 0776 5780772	01285 750553
A Tilling decorating - interior and exterior	01285 810624
Will's Logs seasoned, sustainable hardwood (oak, ash) firewood FREE LOCAL DELIVERY	07771 867767
Plates a Plenty crockery, cutlery, glassware, linen hire: platesaplenty@gmail.com	01285 740679
Cotswold Oven Valeting Ltd professional cleaning of ovens (incl. AGAs) hobs etc	01367 850522
Window Cleaning commercial and domestic traditional window cleaning, also	01285 752703
pressure washing and gutter cleaning. For more info: steve.rix@hotmail.co.uk	07731 552250
Handy Man general property maintenance inc. carpentry & painting, inside & out	07791 345750
HEALTH & WELL-BEING	
Hayley Hurdle Fitness Quenington studio and trainer www.hayleyhurdlefitness.co.u	k
Bowen Technique & Reflexology Southrop www.karenbenbow.co.uk	07786 971041
Unique Private Exercise Classes with Heather - improve your flexibility, balance,	01285 750751
core strength and energy using the disciplines of Iyengar Yoga, Qi Gong or Tai Chi	
OTHER	
The Keepers Arms Quenington, Jon & Michelle www.thekeepersarms.co.uk	01285 750349
Artist - Sallie Seymour original works, local scenes, cards, some prints available	01367 850385
also individual or small group tuition can be arranged seymoursallie@gmail.com	
Eimear Carvill - Stampin' Up! papercraft and cardmaking classes at QVH www.star	npincolour.com
Byeways Taxis and Private Hire local and long-distance bookings welcome, with vehicles to suit most occasions FREEPHONE 0800 999 2288	01451 844384
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Moore Allen & Innocent property consultants and managers, land & estate agents,	01285 651831
auctioneers & chartered surveyors www.mooreallen.co.uk	01367 252541
Dentist Oliver Guy BDS (GDC reg79562), Market Place Dental Practice,	
Cirencester: family dental care, cosmetic and laser-assisted dentistry, teeth	01285 652200
whitening, implant restorations, clear braces etc.	
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£120 for approx. 6x6cms BLOCK or £180 for approx. 12x6cms BLOC	К
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CHURCH SERVICES

In line with the Government's advice to put social distancing in place through the UK, all church services in the area have been suspended, and all church buildings are closed until the coronavirus restrictions are lifted.



When we think of 'church', we often think of the building, but the true 'church' is actually the **people** who love and follow God. So, although 'church' may not be meeting as usual, it will still be there in the community - in the form of God's people - worshipping God in their homes, serving others, praying, and connecting with people via technology.

Do get in touch with the church leaders if you have pastoral or other concerns you would like to talk over, or have someone pray about.

CHURCH SERVICES ONLINE

The Church of England South Cotswolds Team Ministry is making weekly studio recordings of services available via the Internet at <u>www.chqchurches.net</u> They feature local clergy and lay leaders.

Other churches also have online services - if you want to share news of any of them, do let the editor know!



VILLAGE CONTACTS

CHURCH of ENGLAND CLERGY

Coln St Aldwyns, Hatherop & Quenington:

Rev Simon Brignall	date for move into the vicarage unknown
	01285 752662 chqvicar@gmail.com

Rev Roger Scoones	3 Warwick Close, Fairford GL7 4LR		
(honorary)	01285 711864	roger.scoones@gmail.com	

Eastleach & Southrop:

Rev Andrew Cinnamond	The Vicarage, Sherborne Street, Lechlade GL7 3AH			
(day off Tuesday)	01367 253651	vicar@stlawrencelechlade.org.uk		
Gordon Land - Reader	01367 252050	walreader44@gmail.com		
(Lead Minister for Eastleach)				

CHURCH WARDENS

Coln St Aldwyns	Patti Price	pattiabcprice@gmail.com		
Hatherop	John Berry	01285 750692		
Eastleach	Tim Lawson	01367 850756 07855 264360 timglawson@me.com		
Quenington	Val Trafford	01285 750504		
Southrop	Margaret Davey	01367 850347 Gavin MacEchern 01367 860815		

SAFEGUARDING OFFICER

CHQ	Ruth Garner	01285 750832	chqsafeguarding@gmail.com		
Eastleach	Nicole Backhouse	07780 605717			
Southrop	Rhona Reid	01367 850295			
YOUTH WORKER					
CHEQS & beyond	Chris Saunders	07918 732040	saundersc2014@gmail.com		

CATHOLIC PARISH PRIEST

Father Michael Robertson 01285 712586

michael.robertson@cliftondiocese.com

USEFUL INFORMATION

HOSPITALS Fairford: out-patients only 0300 421 6470 Cirencester 0300 421 6200
SURGERIES Hilary Cottage, Fairford 01285 712377 Lechlade Medical Centre 01367 252264
GCC COMMUNITY WELL-BEING SERVICE 01452 528491
PHARMACIES Boots, Fairford 01285 712350, Lechlade Pharmacy 01367 252285
POLICE non-emergency: phone 101 or email <u>101@gloucestershire.police.uk</u>

Quenington Defibrillator & Emergency Telephone System Anyone can use the defibrillator in emergency - located outside to right of main door of Quenington Village Hall. Also, trained volunteers available on **01285 610210** but ALWAYS RING 999 FIRST!

Bus Service 76 Mon, Tue, Thu, Sat: Southrop 09:42, Eastleach 09:50, Hatherop 09:56, Coln 09:59, Quenington 10:02, to Fairford & Cirencester. The return service leaves Cirencester at 13:50 and Fairford at 14:33.

Community Connexions Community Bus book in advance on 03456 805029 for the doorto-door service on Thursdays to Cirencester; free with a bus pass or £8 each way.

Southrop Post Office, Shop & Coffee: Wednesdays 9am - 12pm in Southrop Village Hall





The Cotswold Flyer - Free escorted train service to London & return for weekly boarders



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