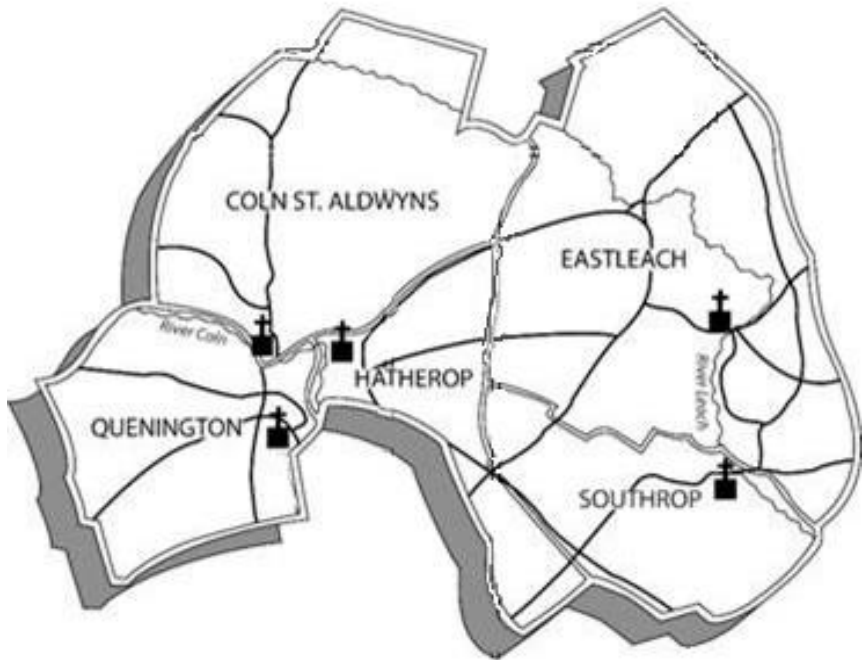


# CHEQS MAGAZINE



**June 2020**

## VILLAGE CONTACTS

### PARISH COUNCILS

<b>Coln St Aldwyns</b>	Chair: David Hicks Beach	01285 750482	
	Clerk: Chris Jackson	01285 750851	<a href="mailto:colnsaparishclerk@gmail.com">colnsaparishclerk@gmail.com</a>
<b>Hatherop</b>	Chair: Bob Iles	01285 750729	
	Clerk: Jane Skinner	01285 712662	<a href="mailto:jane-skinner928@yahoo.co.uk">jane-skinner928@yahoo.co.uk</a>
<b>Eastleach</b>	Chair: VACANT		<a href="http://www.eastleachparishcouncil.org">www.eastleachparishcouncil.org</a>
	Clerk: Ann Tyldesley	01367 860130	<a href="mailto:eastleachpc@btinternet.com">eastleachpc@btinternet.com</a>
<b>Quenington</b>	Chair: Mike Scott	01285 750433	<a href="http://www.queningtonpc.com">www.queningtonpc.com</a>
	Clerk: Penny Ibbotson	01285 750000	<a href="mailto:queningtonpc@gmail.com">queningtonpc@gmail.com</a>
<b>Southrop</b>	Chair: Tim Guest	01367 850189	<a href="http://www.southrop.org.uk">www.southrop.org.uk</a>
	Clerk: Vanessa Lawrence	07876 252398	<a href="mailto:spcclerk2017@outlook.com">spcclerk2017@outlook.com</a>

### VILLAGE HALLS

<b>Eastleach</b>	<a href="mailto:eastleachvhall@gmail.com">eastleachvhall@gmail.com</a>	Flo Dixon	01367 850641
<b>Quenington</b>	<a href="mailto:queningtonvillagehall@gmail.com">queningtonvillagehall@gmail.com</a>		
<b>Southrop</b>	<a href="mailto:southropvillagehall@gmail.com">southropvillagehall@gmail.com</a>	Caroline Simmons	01367 850171
<b>Jubilee Field</b>		Andy Howarth	01367 850400

### SCHOOLS

Hatherop C/E Primary School	01285 750318	Head: Caroline Burton
Southrop C/E Primary School	01367 850246	Heads: Megan Davies & Julia McLellan
Hatherop Castle School	01285 750206	Head: Nigel Reed

### OTHER GROUPS (not happening at the moment)

**S & E Friendship Circle** Jane Jenkinson 01367 850393 and Sally Parris 01367 850321  
**Southrop Ladies** Beryl Whiteley 01367 850373  
**Quenington Baby & Toddler Group** [margaret.stranks@gmail.com](mailto:margaret.stranks@gmail.com) 01285 750402 or 07729 129578

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CHEQS Magazine is a free monthly community publication, delivered by volunteers to about 800 homes in **Coln St Aldwyns**, **Hatherop**, **Eastleach**, **Quenington** & **Southrop**. It is available online (along with back copies) at [www.whichq.net/links.html](http://www.whichq.net/links.html)

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**EDITOR:** Contributions to the magazine are welcomed, but may be edited, and will be included at the editor's discretion. All items submitted for inclusion should include the name and contact details of the sender. Please send contributions or corrections

**by the 12<sup>th</sup> of the previous month** to the editor: [cheqsmagazine@gmail.com](mailto:cheqsmagazine@gmail.com)

Margaret Stranks, 3 Old Orchard Court, Coneygar Road, Quenington  
01285 750402 or 07729 129578



*Hello from...*

*... Helen  
Shaftoe*

I moved to Southrop in 2000 after living in some very different parts of the world: London, Sydney and Manchester. The Cotswolds felt very much a return to my roots as a country girl, having grown up in rural mid-Wales. I feel fortunate to have raised my two girls, Ella and Lucy, here and I couldn't have asked for a better start to their education than the nurturing environment of Southrop School. One of the best things about living here is the wonderful sense of community that has never been more apparent than during this period of lockdown. I can't see myself ever moving away.

I enjoy working as an optometrist for Haine & Smith Opticians, travelling to different practises as needed. However, with routine examinations being suspended due to COVID-19, I've been furloughed. But if anyone has an eye emergency during this time, they should still call their optician for advice, as essential eye care continues to be carried out.

For several years I have helped at Southrop Community Shop, open on Wednesday mornings in our Village Hall, and run by volunteers. Since lockdown and the need to shop locally we have been busier than ever. Along with our usual non-perishable goods we have recently been able to supply fruit, veg and freshly baked bread thanks to Charlie from Thyme. In the past, our customers also enjoyed a chat over a cup of tea or coffee. We do hope to be able to put the kettle on again before too long, and to welcome you to join us.

I love walking, running and being outdoors, whatever the weather. Last year I suggested to a few like-minded people that we should gather every Sunday at 9am on the village green for a short run or walk. This has proved popular and we have named ourselves 'Southrop Runners and Striders'. Sadly, we have had to pause for now but hope to get going again soon. Please come along once lockdown is lifted. All ages and abilities are welcome - it is a great sociable start to your Sunday!

The devastating effects of COVID-19 are hard to take in and lockdown has had its challenges for us all. However, we are very fortunate to be spending this time in the beautiful CHEQS villages.

# MATT DAWSON - PROTECTIVE VISOR PRODUCTION

## An update



Last month Matt Dawson achieved his target of raising funds to make 1,000 safety visors to help protect NHS staff and other carers around Gloucestershire from the COVID-19 coronavirus. A busy band of helpers (including Matt's wife and older son, and other family members and friends)

have assisted with preparing, checking, packing and delivering the visors to key workers around the county, including care homes and surgeries in and around Cheltenham, nurses on the COVID ward at the Gloucester Royal Infirmary, as well as Hilary Cottage surgery and the Hyperion care home in Fairford.



The design and quality of the visors have been praised by those receiving them, "...they're brilliant. Really high quality and comfortable to wear. Thanks so much!" said Dr Liz Acaster (pictured left). She added, "My colleagues were admiring the shape because it's easy to fit your stethoscope into your ears whilst wearing them, without contaminating yourself."

Thank you to everyone who donated to the JustGiving page, and especially to Matt and the team of helpers for achieving so much in such a short space of time.

## PLANT SALE RAISED FUNDS FOR ST SWITHIN'S CHURCH

In a normal year, May would have seen the Quenington Fête in full swing, raising funds for local good causes, including St Swithin's Church. As it was not possible this year, staunch supporters of both the fête and the church, David and Lucy Abel Smith,



and their daughter Eliza, organised a socially-distanced plant sale alongside a JustGiving page to raise funds. Many people really appreciated the opportunity to buy locally-grown, interesting plants at a reasonable price, and also to support the upkeep of one of our historic village church buildings. An amazing amount was raised - a profit of £3,260 - so a huge well done to all who contributed, and especially to the Abel Smith household, including Robert Wyatt and the gardening team!

## QUENINGTON VILLAGE HALL 100 CLUB - MAY WINNERS

1<sup>st</sup> Prize (£15) no. 13 - C Goddard

2<sup>nd</sup> Prize (£10) no. 44 - D Bostock



Friends of **Fairford** and **Lechlade** Communities

Formerly The League of Friends of Fairford Hospital

### COVID-19 COMMUNITY FUNDING SUPPORT

A fund has been set up to give financial support to those in Fairford, Lechlade and the surrounding villages who have been adversely impacted by COVID-19. This includes local organisations, charities, volunteer groups, as well as families and individuals. Established by the generosity of **The Lakes By Yoo** and the residents at The Lakes By Yoo development, it is being managed by the Friends of Fairford & Lechlade Communities. Applications can be made *in relation to COVID-19* for:

1. Expenditure on short-term needs, for example:

- Costs/expenses incurred in **assisting** vulnerable people and families to obtain essential supplies
- Expenses for **groups** - volunteer groups, community organisations, local charities who are providing help to the community
- Funding to assist **families/individuals** who have suffered a sudden loss of income, creating financial hardship due to COVID-19

2. Support-funding over the medium term to local organisations and charities who have lost their income streams because of COVID-19 and need some funding to maintain or re-establish their services within the community.

Application forms for funding can be downloaded from [www.friendsoffairford.org.uk](http://www.friendsoffairford.org.uk) or obtained by emailing Graham Hewitt [chair@friendsoffairford.org.uk](mailto:chair@friendsoffairford.org.uk)

### GLOUCESTERSHIRE COUNTY COUNCIL COVID-19 FUNDING

The county council has extended its existing Welfare Support Scheme to create a new Emergency Living Fund to help people in *severe financial hardship* because of COVID-19. **You can apply for help if:** You are a Gloucestershire resident over the age of 16 and you are *in a vulnerable group*, for example, you have a history of mental illness **or** you *need support to avoid uncontrollable debt*; **and** you are either on a low income or receive benefits, or you are newly unemployed and waiting for a benefit claim. For more information, go to the website, or ask a village coordinator to help: [www.gloucestershire.gov.uk/covid-19-emergency-living-fund](http://www.gloucestershire.gov.uk/covid-19-emergency-living-fund)

## SYMPTOMS OF CORONAVIRUS (COVID-19)

The main initial symptoms of coronavirus COVID-19 infection are:

- **a high temperature** - this means you feel hot to touch on your chest or back
- **a new, continuous cough** - this means coughing a lot for more than an hour

Health advice is on the NHS111 website: [www.111.nhs.uk/covid-19](http://www.111.nhs.uk/covid-19)

If you have COVID-19 symptoms, **do not** go to a GP surgery, pharmacy or hospital.

**STAY AT HOME for at least 7 days** and get help from your volunteer coordinator.

If *you* have symptoms, everyone *else* in the household must **STAY AT HOME for 14 days**, as they may be infected but not yet showing symptoms.

## WHAT WE STILL ALL NEED TO DO



- **Wash your hands** with soap and water for at least 20 seconds before you leave the house, when you return, when you get into work, when you blow your nose, sneeze or cough, eat or handle food
- **Avoid touching** eyes, nose, and mouth with unwashed hands
- **Disinfect** surfaces which have been touched by other people
- **Avoid contact** with people outside your household - keep at least 2 metres away

## IF YOU NEED HELP, CONTACT THE COORDINATORS:

Only deal with people you know, or have been given the name of - beware offers of help from unknown callers! Contact a local coordinator if you are worried.

COLN ST ALDWYNS      d.hicksbeach@btinternet.com  
David Hicks Beach      01285 750482      07901 676004

HATHEROP  
Bob Iles      01285 750729

EASTLEACH      suesouter@btinternet.com  
Sue Souter      01367 850449

QUENINGTON      margaret.stranks@gmail.com  
Margaret Stranks      01285 750402      07729 129578

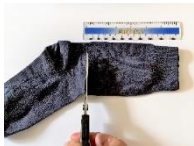
SOUTHROP      southropPC@gmail.com  
Tim Guest      01367 850189  
Rod Jones      01367 850185  
Cathy & Peter Brickley      01367 850504  
Russ Giles      01367 850270

FACEBOOK GROUP Quenington & Surrounding Hamlets: CHEQS COVID-19 Support

# WEARING A MASK - GOOD OR BAD?

As lockdown restrictions start to be eased, it is vital to maintain frequent handwashing and social distancing. We may also be advised to wear a face-covering if we visit busier places such as supermarkets or if we use public transport. However, vulnerable people and anyone who feels unwell should not go to crowded places.

Medical-standard protective masks should be reserved for NHS and key workers. **Masks for the public are aimed at protecting other people from our unexpected coughs and sneezes, as we may be carrying the virus but not yet have symptoms.** If you cannot get hold of masks or sew your own, the quickest and easiest way to make one is to use a clean sock - it needs to have a **dense weave and a high cotton content.** You may have prettier socks than me!



1. Cut off about 15cms from the top of a sock



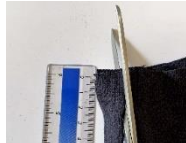
2. Cut all the way up one side →



3. Open the sock out



4. Fold the bottom up to the top



5. On one side, place the top edges together, and cut a slit up from the bottom, about 1.5cms in from the side. **Stop cutting** about 2cms from the top.

6. Do the same the other side.



7. Cut off a triangle from each top corner.



8. Open out and put on your mask - tuck in the top and any loose bits.



**IF YOU WEAR A MASK** please be aware that there are risks. Some information:

- Masks need to be clean and in good condition
- Only wear one if needed, and put it on with clean hands
- Do not touch or lower the mask while using it - keep hands away from face
- Keep 2 metres from other people - masked people often get too close to others
- Young children and those with breathing problems should not wear masks
- Masks become more risky after about 10 minutes as breathing makes them wet

**YOU MIGHT THINK A MASK IS FOR YOUR PROTECTION - IT IS NOT!**

## SERVICES TO HELP WITH MENTAL HEALTH



**Age UK Gloucestershire** ([www.ageukgloucestershire.org.uk](http://www.ageukgloucestershire.org.uk)) have adapted their support in the light of the current restrictions and have a variety of resources:

- an information and advice line where any older person (or their family) with an issue can call and get free advice 01452 422660
- a Freephone line if any older person is feeling lonely and wants a chat with one of the staff or volunteers 0800 298 0579
- <https://www.facebook.com/groups/gloucestershirespringboard> an online social group which older people can join, get and share information and ideas on staying occupied, with quizzes and discussion groups

**The Community Wellbeing Service** in the Cotswolds can work with you to find ways of easing the effects of poor mental health at this time. They are open to new referrals and accept self-referrals as well as from health professionals and community members. They are maintaining contact via phone, email, and video calling where required. If you'd like to make a referral, please get in contact over the phone on 07738 106384 or via email [cws.grcc@nhs.net](mailto:cws.grcc@nhs.net)

**NHS Every Mind Matters** has some useful tips to help improve your mental health and wellbeing if you are worried or anxious about the coronavirus outbreak [nhs.uk/oneyou/every-mind-matters/coronavirus-covid-19-anxiety-tips/](https://www.nhs.uk/oneyou/every-mind-matters/coronavirus-covid-19-anxiety-tips/)



**Gloucestershire County Council** is introducing new mental health services that are easy for people to access without needing a referral from a health professional. <https://www.gloucestershire.gov.uk/covid-19-information-and-advice/advice-on-covid-19/looking-after-your-wellbeing/mental-health-services/>

- Access to trained online counsellors for adults and young people. 'Qwell' for adults and 'Kooth' for young people aged 11 to 18 will include self-care resources and access to trained online counsellors, and will be open to anyone experiencing issues with their emotional wellbeing, such as stress or anxiety.
- An anonymous helpline for children and young people aged 9 to 21 who are struggling with mild or temporary emotional wellbeing and mental health issues due to the COVID-19 pandemic.
- Funded counselling sessions for adults whose mental health has been more severely affected by COVID-19, for example, by worsening existing mental health issues or because of a bereavement, and who wouldn't normally be able to access counselling and pay for it themselves



## RECEIVED BY THE EDITOR

Correspondence is always welcome - do get in touch with suggestions for articles, or if you have something to share with the CHEQS community: [cheqsmagazine@gmail.com](mailto:cheqsmagazine@gmail.com) or other contact details inside front cover.



## MANY PEOPLE ARE 'DOING THEIR BIT'

### THANK YOU to the village coordinators, volunteers and neighbours!

"I am sure there are lots of CHEQS Magazine readers who, like me, would like to thank all the coordinators in the 5 villages, and all those volunteers, who have collected prescriptions, done shopping or provided chat - together with the kind neighbours who have also made sure we have food. Thank you so much, it has been much appreciated." Sallie Seymour

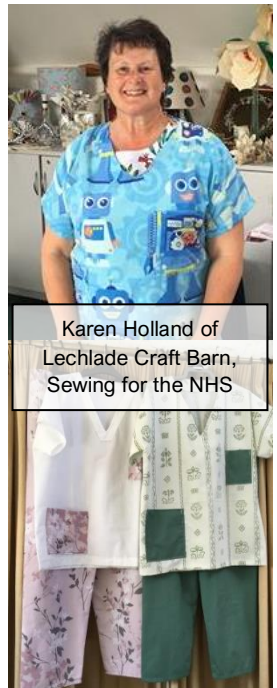
### Cooked meals

Mr & Mrs Kennedy, of Williamstrip Park, have very kindly arranged for the provision and delivery of cooked, freeze-able meals twice a week to about 15 households in Coln St Aldwyns, Hatherop & Quenington. These have been very much appreciated.

### Sewing scrubs and bags



Many people in the area have been dusting off their sewing machines, and scouring their linen cupboards for cotton bedding. People have been making draw-string bags for NHS and care staff to put their dirty uniforms in before taking home and washing. They have also been creating an amazing range of scrubs (loose-fitting, easy-to-put-on top and trousers) for medical and care staff to wear. Lechlade Craft Barn have been co-ordinating some of the sewing, along with Facebook and community groups. There is a collection point at Coln Stores for quality cotton sheets, duvet covers and pillowcases. Children's bedding is fun to use! If you would like to get involved, check out the Facebook group: Lechlade Craft Barn - Sewing for the NHS to see what is needed.



Karen Holland of  
Lechlade Craft Barn,  
Sewing for the NHS

<https://www.facebook.com/groups/822393208281843>



## LAST MONTH'S VE DAY CELEBRATIONS

### Victory in Europe Day - 75<sup>th</sup> Anniversary

The planned big celebrations for the 75<sup>th</sup> Anniversary of VE Day had to be cancelled. But throughout the country, communities got together in small, socially-distanced ways... and the CHEQS communities were no different.

Flags and bunting decorated the houses, lamp posts and hedges, and where the local street geography allowed, some households gathered outside (safely) to enjoy a range of celebrations: eating, drinking, chatting, reminiscing, dressing up in 1940s style, quizzes, dancing and music.



It was a boost to morale in the COVID-19 lockdown, and also a reminder that previous generations once faced much worse situations than we are currently experiencing. They adapted and got on with things, just as we are having to. Huge sacrifices were made in times of war, and similar sacrifices are being made by many people on the front line of our National Health Service, and in communities throughout our nation.



Kim & Steve Winney, of Quenington, delighted their neighbours with their vintage outfits. They are often to be found dressed in 1940s style, as they take part in re-enactments, and have a stock of suitable clothing and props!



In Southrop, a number of villagers were able to enjoy socially-distanced get-togethers with their neighbours in their own close or street. Bunting went up, tables and chairs were set up on people's driveways and an outside Union Jack appeared on the village green! The day most certainly did not go unrecognised.



Lifetime Southrop resident Richard Sykes told of his VE Day experience - it was his 16th birthday on 8<sup>th</sup> May 1945. He recalled that during the celebrations on the village green, his brother unexpectedly arrived back from the war carrying his army kit, having walked from Lechlade Station because there were no taxis!

To listen to more VE Day memories, catch up with the special commemorative service which was put together by people in the South Cotswolds Team of Anglican churches. You can find it on the CHQ Churches website, on the Worship at Home page: <https://www.chqchurches.net/worship-at-home.html>



art by Jacqueline Hurley

## NEWS FROM THE SCHOOLS (check websites for latest information)

### Hatherop Church of England Primary School *Caring, Believing, Achieving*



Mike Francis, Chair of Governors writes:

Our headteacher, Mrs Caroline Burton, is leaving us at the end of the academic year. Her retirement brings to an end a long, dedicated connection with the school spanning almost 30 years: as parent, helper, PTA member, governor, teacher and headteacher. She will be hugely missed, and we hope to celebrate her wonderful contribution to the life of the school at the end of the summer term.

The Governors were very fortunate - and relieved - to complete a rigorous recruitment process in the last few days before the school closures, and we are delighted to announce the appointment of Mrs Taryn Hancock as the new headteacher. Mrs Hancock is an experienced school leader, and she and her family are expecting to move shortly into our local area. Following her appointment, she wrote to the school, "I am excited about joining you all at Hatherop. You all made me feel very welcome and at home". We now look forward to welcoming her and her family into our school and our community.

Meanwhile, Mrs Burton and her staff are working very hard behind the scenes to support our pupils (and their parents!) in their learning. A small number of pupils have continued to attend school and are participating in a daily programme. Most, though, are home-based, engaging in work guided and monitored by their teachers. We are grateful to all the staff for their continued dedication, as they work to ensure that the school is ready to receive pupils back again, as and when the time is right.

To all concerned with the care and education of our wonderful pupils, thank you.

### HILARY COTTAGE SURGERY, FAIRFORD



The Patient Participation Group (PPG) reported in May: We are delighted to say that all the staff are fit and well and at work. This is a tribute to the way they have strictly obeyed the guidelines for dealing with COVID 19. The Practice had to change the way it worked almost overnight with most consultations done over the telephone. To minimise risk to staff and vulnerable patients who still need to come into the surgery, some clinical assessments are being carried out in a tent, which has been set up in the car park, and the special team of nurses run by the Friends of Fairford and Lechlade Communities is still giving care to the very frail in their own homes. All the staff are very grateful not just for the co-operation that patients have shown, but also for the messages of thanks and support they have received.

## FAIRFORD UNITED CHURCH



Diane Routledge writes: All churches are closed for the time being, but if you would like to contact Fairford United Church, please get in touch with our minister, Reverend James Taylor: 01285 653655 or our secretary, Stuart Emmerson: 01451 844532. Please be assured that everyone in our communities is in our prayers and we look forward to sharing fellowship again at some point in the future.

## EASTLEACH PARISH COUNCIL

After seven years as Chairman of Eastleach Parish Council, Pete McHugh has stepped down from the role. Currently there is no replacement.

## RIVER ROOM SESSIONS FOR MINDSONG



Kate Hicks Beach writes: Back in March, we had to cancel our fun- and fund-raising concerts, but I have good news! Those wonderful musicians (and one poet) have been incredibly generous and provided me with video clips. I've developed some extremely amateur film-making skills in the past two months, and have done my best to put clips together to make two short videos. If you're in a position to make a donation to Mindsong we'd be so grateful. Then just pour yourself a drink, sit back and enjoy the music!

### River Room Sessions

Video Number 1 - Friday Night's performances: <https://youtu.be/a6291zD6GfM>

Given by Louisa Fuller, Charlotte Brennand, William Howard, Natanya Hadda, Kate Hicks Beach, Roger Roberts, Tim Morris and Genevieve Miles

Video Number 2 - Saturday's performances: <https://youtu.be/ibePFICZDhs>

Given by Jonathan Phillips, Tom Pitt, Penny Pitt, Spindrift (Jean and Barry), Julia Morris, Rachel Emmerson, Louise Matley, Kate, Lucy and Susie Hicks Beach



**Mindsong** is a charity which uses music and singing to support people who have dementia. Normally, we go out and sing to people, but at the moment we are supporting care home staff, and our volunteers have been sending cards, sewing masks, and doing whatever they can to make sure the residents and the staff feel remembered and supported.

**Donations** - please use the reference code RIVER when donating:

Sort Code: 30-98-90      Account Number: 18055568 (Lloyds Bank)

OR send a cheque payable to Mindsong: PO Box 205, Tewkesbury, Glos, GL20 9EL

## COLN STORES (check website for up-to-date information)



	<b>Shop</b>	<b>Café (takeaway)</b>	<b>Post Office</b>
Monday - Friday	8am - <b>4pm</b>	9am - 1pm	CLOSED
Saturday	8am - 2pm	9am - 1pm	CLOSED
Sunday	9am - 1pm	CLOSED	CLOSED

- only 3 customers at a time & observe social distancing
- only buy what you need
- use the side door for takeaways (or disabled access)

Last month, Coln Stores commissioned local craftsman Julian Wilder, to make some new screens to go around the till areas, in order to protect staff and customers. He has done a wonderful job!



## SOUTHROP VILLAGE HALL SHOP

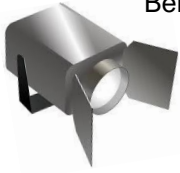


The Post Office is temporarily closed, but the shop remains open on Wednesdays from



9am to 12pm in Southrop Village Hall.

# HIDDEN BUSINESSES



Behind the walls of some of our CHEQS residences, people are busy running small businesses. This month we put the

## SPOTLIGHT ON...

...Allison Murray



### ALLISON MURRAY DESIGN

Stumhall's Barn, Eastleach, Gloucestershire GL7 2NG  
T 01367 850056 M 07801 810283  
allison@allisonmurraydesign.com www.allisonmurraydesign.com

I started Allison Murray Design (AMD) eight years ago with the intention of bringing to the Cotswolds my wealth of knowledge and creative experience in running some of London's foremost design agencies. Although

I've worked with many different types of business from small start-ups to big multinationals, my focus with AMD is to

work with entrepreneurs and brand owners to help them realise their brand dreams or revitalise their existing brands.

My first piece of branding work was for Bob Parkinson's Cirencester restaurant, Made by Bob. I created the name and look, which I took across all the elements of his business. It was hugely successful and award-winning, and led to many clients coming to me for unique and creative brand solutions.



Branding is more than just a logo – it's the distillation of my clients' desires and dreams, which manifests as bespoke branding solutions. My clients know that I put my heart and soul into my work, which is why most of my business comes from personal recommendation.

Earlier this year, I won Fairford & Lechlade Business Club Business Person of the Year award and I have just co-created and launched The Cotswold Challenge – a competition to inspire those GCSE and A-level students in the Cotswolds whose exams and school life have been halted.



I believe that visual identity and branding has never been more important than in this lockdown period. The only clear communication that defines or creates a point of difference is the branding. It's about being able to visually stand out in that crowded space, so it's important to get it right. In these challenging times, a business's brand is one of the most important assets it has. It will help keep customers loyal and pull them back when times are better. [www.allisonmurraydesign.com](http://www.allisonmurraydesign.com)



# MANY BUSINESSES ARE STRUGGLING - SUPPORT THEM IF & WHEN YOU CAN!

TO ADVERTISE OR MAKE AMENDMENTS: <a href="mailto:cheqsmagads@gmail.com">cheqsmagads@gmail.com</a>	
<b>HOUSE &amp; GROUNDS</b>	
<b>Michael Rixon Building &amp; Roofing Ltd</b> building, roofing, Cotswold stone tiling etc. <a href="mailto:office@rixbuild.co.uk">office@rixbuild.co.uk</a>	01285 750517
<b>Architect Rural Workshop Ltd</b> , RIBA Chartered <a href="mailto:tim@ruralworkshop.net">tim@ruralworkshop.net</a>	07413 715276
<b>Floor Sanding</b> Floorboard Restoration Specialist <a href="mailto:office@justfloorboards.co.uk">office@justfloorboards.co.uk</a>	07557 304290
<b>SN Complete Groundworks</b> drainage, driveways, fencing etc. 07738937697	01367 850717
<b>Keith Ford</b> garden work - pruning & hedge cutting, sheds re-felted etc.	01285 750406
<b>The Garden &amp; Plant Company</b> design & landscape <a href="mailto:info@gardenandplantco.com">info@gardenandplantco.com</a>	01285 712663
<b>BSR Arboriculture</b> tree surgery and garden work <a href="mailto:bsrarboriculture@outlook.com">bsrarboriculture@outlook.com</a>	07802 567452
<b>Coln Valley Glazing</b> Replacement of misted or broken glass units 0776 5780772	01285 750553
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<b>Will's Logs</b> seasoned, sustainable hardwood (oak, ash) firewood FREE LOCAL DELIVERY	07771 867767
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<b>Cotswold Oven Valeting Ltd</b> professional cleaning of ovens (incl. AGAs) hobs etc	01367 850522
<b>Window Cleaning</b> commercial and domestic traditional window cleaning, also pressure washing and gutter cleaning. For more info: <a href="mailto:steve.rix@hotmail.co.uk">steve.rix@hotmail.co.uk</a>	01285 752703 07731 552250
<b>Handy Man</b> general property maintenance inc. carpentry & painting, inside & out	07791 345750
<b>HEALTH &amp; WELL-BEING</b>	
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<b>Bowen Technique &amp; Reflexology</b> Southrop <a href="http://www.karenbenbow.co.uk">www.karenbenbow.co.uk</a>	07786 971041
<b>Unique Private Exercise Classes</b> with Heather - improve your flexibility, balance, core strength and energy using the disciplines of Iyengar Yoga, Qi Gong or Tai Chi	01285 750751
<b>OTHER</b>	
<b>The Keepers Arms</b> Quenington, Jon & Michelle <a href="http://www.thekeepersarms.co.uk">www.thekeepersarms.co.uk</a>	01285 750349
<b>Artist - Sallie Seymour</b> original works, local scenes, cards, some prints available also individual or small group tuition can be arranged <a href="mailto:seymoursallie@gmail.com">seymoursallie@gmail.com</a>	01367 850385
<b>Eimear Carvill - Stampin' Up!</b> papercraft and cardmaking classes at QVH <a href="http://www.stampincolour.com">www.stampincolour.com</a>	
<b>Byeways Taxis and Private Hire</b> local and long-distance bookings welcome, with vehicles to suit most occasions FREEPHONE 0800 999 2288	01451 844384
<b>Computer Solutions</b> Iain Atkins, personal service for all your IT issues.	01285 750277
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## CHURCH SERVICES

In line with the Government's advice to put social distancing in place through the UK, all church services in the area have been suspended, and all church buildings are closed until the coronavirus restrictions are lifted.

When we think of 'church', we often think of the building, but the true 'church' is actually the **people** who love and follow God. So, although 'church' may not be meeting as usual, it will still be there in the community - in the form of God's people - worshipping God in their homes, serving others, praying, and connecting with people via technology.

Do get in touch with the church leaders if you have pastoral or other concerns you would like to talk over, or have someone pray about.



## CHURCH SERVICES ONLINE

The Church of England South Cotswolds Team Ministry is making weekly studio recordings of services available via the Internet at [www.chqchurches.net](http://www.chqchurches.net) They feature local clergy and lay leaders.

Other churches also have online services - if you want to share news of any of them, do let the editor know!

A screenshot of the CHQ Churches website. The page has a red sidebar on the left with navigation links such as 'Welcome!', 'WORSHIP AT HOME', 'Safeguarding & Data Protection', and 'Resources for Clergy, Readers, Worship Leaders etc.'. The main content area features a header with the text 'Serving the communities of Cain St Aldeys, Hatherop and Quaxington'. Below this is a photograph of three church buildings. A text box in the center reads: 'Due to the Covid-19/Coronavirus, with effect from 17 March 2020 all Public Acts of Worship in the Parish are **CANCELLED**. However, recorded 'Worship at Home' services will be available on each Sunday while this suspension of public worship remains in place.' At the bottom of the main content area, there are two buttons: 'Worship at Home' and 'Service Details'. A callout box with a black border and white background points to the 'Worship at Home' button, containing the text 'Worship at Home button'.

## VILLAGE CONTACTS

### CHURCH of ENGLAND CLERGY

#### Coln St Aldwyns, Hatherop & Quenington:

Rev Simon Brignall            The Vicarage, Church Lane, Coln St Aldwyns GL7 5AG  
(*Thu, Fri, Sat, Sun*)            01285 752662 [chqvicar@gmail.com](mailto:chqvicar@gmail.com)

Rev Roger Scoones            3 Warwick Close, Fairford GL7 4LR  
(*honorary*)                    01285 711864        [roger.scoones@gmail.com](mailto:roger.scoones@gmail.com)

#### Eastleach & Southrop

Rev Andrew Cinnamond        The Vicarage, Sherborne Street, Lechlade GL7 3AH  
(*day off Tuesday*)            01367 253651        [vicar@stlawrencelechlade.org.uk](mailto:vicar@stlawrencelechlade.org.uk)  
Gordon Land (*Lead Minister for Eastleach*)    01367 252050        [walreader44@gmail.com](mailto:walreader44@gmail.com)

#### CofE CHURCH WARDENS

Coln St Aldwyns                Patti Price                    [pattiabcprice@gmail.com](mailto:pattiabcprice@gmail.com)  
Hatherop                        John Berry                    01285 750692  
Eastleach                        Tim Lawson                  01367 850756    07855 264360    [timglawson@me.com](mailto:timglawson@me.com)  
Quenington                      Val Trafford                  01285 750504  
Southrop                         Margaret Davey              01367 850347        Gavin MacEchern    01367 860815

#### CofE SAFEGUARDING OFFICER

CHQ                                Ruth Garner                  01285 750832        [chqsafeguarding@gmail.com](mailto:chqsafeguarding@gmail.com)  
Eastleach                        Nicole Backhouse            07780 605717  
Southrop                         Rhona Reid                    01367 850295

#### CofE YOUTH WORKER

CHEQS & beyond                Chris Saunders                07918 732040        [saundersc2014@gmail.com](mailto:saundersc2014@gmail.com)

#### CATHOLIC PARISH PRIEST

Father Michael Robertson    01285 712586                [michael.robertson@clifftondiocese.com](mailto:michael.robertson@clifftondiocese.com)

#### WILLIAMSTRIP CHAPEL CHAPLAIN

Rev J Felix Stephens OSB    01285 740374                [jfs.osb@ampleforth.org.uk](mailto:jfs.osb@ampleforth.org.uk)

#### FAIRFORD UNITED CHURCH

Rev James Taylor                01285 653655                Secretary, Stuart Emmerson    01451 844532

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**SURGERIES** Hilary Cottage, Fairford 01285 712377 Lechlade Medical Centre 01367 252264

**GCC COMMUNITY WELL-BEING SERVICE** 01452 528491

**PHARMACIES** Boots, Fairford 01285 712350, Lechlade Pharmacy 01367 252285

**POLICE** non-emergency: phone 101 or email [101@gloucestershire.police.uk](mailto:101@gloucestershire.police.uk)

**Quenington Defibrillator** outside Quenington Village Hall for use by anyone in emergency.  
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**Bus Service 76** Mon, Tue, Thu, Sat: Southrop 09:42, Eastleach 09:50, Hatherop 09:56, Coln 09:59, Quenington 10:02, to Fairford & Cirencester. The return service leaves Cirencester at 13:50 and Fairford at 14:33.

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